

Weston Recreation

Spring/Summer
2019



Register for Spring & Summer programs
online beginning Wednesday, March 13 at 7pm
www.weston.org
Walk-In Thursday, March 14 at 8:30am

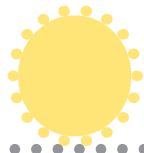


Memorial
Pool Opens
Saturday
June 8
Info on
Page 33

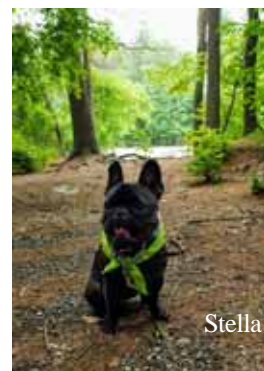


Summer
Camp
Registration
begins Tues,
March 12th
7pm online.
Info on
Page 25

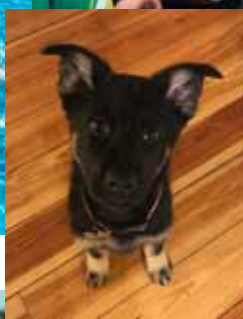




Weston Summer Camps & Memorial Pool Fun!



Stella



Gracie





SPRING/SUMMER REGISTRATION START DATES & TIMES:

REGISTRATION START DATES & TIMES

Online Resident	Wednesday, March 13	7:00pm
*Walk-In Resident	Thursday, March 14	8:30am

Online Non-Resident	Wednesday, March 20	7:00am
Walk-In Non-Resident	Wednesday, March 20	8:30am

We are here for you!!! Weston Recreation will be open until 8:30 on Wednesday, March 13th to assist you with any online registration questions you may have. Contact us at 781-786-6260.

You may register for programs online at www.weston.org. We HIGHLY recommend that you visit the online system a few days before registration to make sure that you're prepared when online registration begins. **In the past, popular programs have filled within a few minutes.** * **Please note: we do not reserve spaces for walk-in registration.**

For new users, who have never participated in a Weston Recreation Department program, click on "Need an Account". Complete the required information and submit. You'll receive a confirmation email when your account has been set up in our system. **Please note** that it may take up to 48 hours for you to hear back from this office.

For those who have previously participated in Weston Rec. Programs, but have not set-up an online account including username and password. You will log onto the Town Website (www.weston.org) >Online Services>Register for Recreation Programs. Enter your home phone number (without spaces, dashes, etc) in both the username and password fields. You'll then be allowed into the system, where you can change both your username and password, answer a few security questions and then you'll be set up to register for programs.

For returning users, you will enter the user name and password you set-up previously. When exiting WebTrac, always click the "sign out" button. Please do not "esc" when you've finished your session, or your username and password of your choosing will not be saved. Your household i.d. # will then become your username and password until you log on and change it again.

Frequently Requested Phone Numbers & Email Addresses

Girl Scouts	781-899-8080, www.girlscoutseasternmass.org
Boy Scouts	508-894-3297, www.ktc-bsa.org
Cub Scouts	www.cub157.org , contact@cub157.org
Council on Aging	781-786-6280, www.weston.org
Josiah Smith Tavern/Barn	781-891-7835, barn@wclweston.org
Land's Sake Farm	781-893-1162 www.landsake.org
Wayland-Weston Crew	Adam Schayowitz, aschayowitz@gmail.com , www.wwcrew.org
Wayland-Weston Youth Football	www.wyouthfootball.com
WCCA	Heather Borden, Pres, heather.borden@me.com , contact@wccakids.org
Weston Baseball League	www.westonball.org
Weston Drama Workshop	www.westondramaworkshop.info@gmail.com
Weston Media Center	781-642-8505 www.westonmedia.org , westonstudio@comcast.net
Weston Public Library	781-786-6150, www.westonlibrary.org
Weston Public Schools	781-786-5200, www.westonschools.org
Weston Soccer League	781-894-7030, www.westonsoccer.org , suespencer@p2software.com
Weston Skating Club	www.westonskate.org , mail@westonskate.org
Weston Town Hall	781-786-5000, www.weston.org
Weston Youth Basketball	781-899-6920 www.westonyouthbasketball.com , michaelasheam@gmail.com
Weston Youth Lacrosse	781-647-1717, Allison Abrams, www.westonyouthlacrosse.com

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Attending Programs

You must register prior to attending a program, unless otherwise stated in the program description. Only the person registered for the class may attend. All programs meet at the Weston Community Center unless otherwise noted.

Refund Policy

-Program Withdrawals & Transfers:

Participants will receive a refund less a \$25 administrative fee for each withdrawal once a program registration has been made. The Recreation office must be notified during regular business hours at least five (5) business days prior to the start date of a session to be eligible for a refund.

Program Transfers: Participants may transfer to a different program up to five (5) business days prior to the beginning of a class session, pending space availability. A \$25 administrative fee will be charged along with any cost difference between the classes.

Camp refunds: Cancellation requests must be made by June 15, 2019 and a \$50 fee will be charged for each week cancelled.

-Full refunds will be issued if Weston Recreation cancels a program.

-If you paid by credit card, your credit card will be refunded. If you paid by check or cash, you will be issued a refund check in 2-3 weeks. If you have an outstanding balance due, the refund will be automatically applied to that balance.

Badge Information

If you currently have a Recreation Badge with your picture on it, please do not discard. These badges will be used year to year, only the badge registration form with payment will be required for renewal. A 2019 badge application may be obtained from the Recreation Department Office, at www.weston.org, or on page 34 of this brochure. ***To be eligible for a badge you must be listed on the Weston Town Census.** You may register for the Census at the Town Clerk's Office at Town Hall, Monday-Friday, 8:30am-5:00pm. See page 34 FMI.

Program Adjustments

While we try to be accurate in presenting information in the brochure, some unavoidable errors or changes to programs, fees, schedule, and other information may occur. The Recreation Department apologizes for any inconvenience resulting from these adjustments.

Non-Resident Registrations

Non-residents may register for programs one week after residents. Summer camps and swim lessons are only available to non-resident badge holders.

Recreation Dept Staff

Chris Fitzgerald, Director
fitzgerald.c@westonmass.org, 781-786-6265
 Sharon Locke, Asst. Director
locke.s@westonmass.org, 781-786-6266
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 E. Douglas Campbell, Maintenance
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 Gregory Corcoran, Maintenance
corcoran.g@westonmass.org, 781-786-6267
 Karen Goodale, Office Assistant
goodale.k@westonmass.org, 781-786-6263
 Beth Schofield, Office Coordinator
schofield.b2@westonmass.org, 781-786-6262

Weston Recreation Commission

Melissa Crocker
 Marcy Dorna
 Elly Draper Pendergast
 Eric Rosenthal, Chair
 Matthew Schulman
 Victoria A. Whalen
 Xinsheng Zhu

Art Class!

#49100

Instructor: Beth Meditz

Come to an exciting and relaxed atmosphere to let creativity flow! Learning skills are enhanced while each child engages in unique “hand-on” and “hands-in” creative activities! Artists will create individual masterpieces. They will explore a wide array of inspiring materials. The fun factor is built into each project! Find out more about Beth Meditz, M.Ed at www.event-full.net.

Limited to 10 participants

8, 1 hour sessions

Ages 3.5 - 5 yrs

Sec. A: Tuesdays, 1:00pm - 2:00pm

Apr 2 - May 28

(Cancelled Apr 16)

Sec. B: Wednesdays, 1:00pm - 2:00pm

Apr 3 - May 29

(Cancelled Apr 17)

Fee: \$155 w/badge, \$175 w/o badge

Budding Artist & a Buddy

#49101

Instructor: Beth Meditz

Your child and buddy will both enjoy creative fun together! Perceptual and social skills are enhanced while each child engages in unique “hands-on” and “hands-in” experiences through unique activities! Budding Artists will create individual masterpieces that expand thinking and learning skills. They will explore a wide array of inspiring materials. Bring a take-it home bag! Find out more about Beth at www.event-full.net.

Limited to 10 couples

8, 45 minute sessions

Ages 1.5 - 4 yrs w/adult

Sec. A: Tuesdays, 9:30am - 10:15am

Apr 2 - May 28

(Cancelled Apr 16)

Sec. B: Wednesdays, 11:00am - 11:45am

Apr 3 - May 29

(Cancelled Apr 17)

Sec. C: Thursdays, 11:00am - 11:45am

Apr 4 - May 30

(Cancelled Apr 18)

Sec. D: Fridays, 9:30am - 10:15am

Apr 5 - May 31

(Cancelled Apr 19)

Fee: \$150 w/badge, \$170 w/o badge

Happy Tappers

#49102

Instructor: Carol Landry

If your child has never tapped before or they'd like to tap some more, please join the fun. Learn beginning tap techniques as we warm up at the barre, learn basic body movements to children's favorites, and some flaps, shuffles, and ball changes. At our last class family/friends may enjoy watching our happy feet. Please have tappers wear tap shoes to the first class. Payless Shoe has the lowest prices.

Limited to 8 participants

8, 45 minute sessions

Sec. A: Ages 3 - 5 years

Tuesdays, 3pm-3:45pm, Apr 2- May 28

(Cancelled Apr 16)

Fee: \$110 w/badge, \$130 w/o badge

Jumpin' Gym with Joni

#49103

Instructor: Joni Lebov

A fun class to interact with other children. Includes tumbling, taking a walk on a balance beam and playing with a parachute. Children will sing, count, and most of all have lots of fun!

Limited to 10 couples

8, 45 minute sessions

Sec. A: Ages 18 mos - 3 yrs w/adult

Tuesdays, 10:30am - 11:15am

Apr 2- May 28

(Cancelled Apr 16)

Fee: \$140 w/badge, \$160 w/o badge

Little Bakers

#49104

Instructor: Diane Benson

Kids in this class will learn the basic steps to baking! With fun-to-make recipes from pizza to tasty treats, kids will satisfy their taste buds while learning math skills, science, and teamwork! In addition to being fun, fixing your own food can help develop self-esteem and can turn fussy eaters on to new foods! Eggs and dairy will be used in this class. Please note on the registration form if your child has any food allergies.

Limited to 6 participants

8, 1 hour sessions

Sec. A: Ages 3.5 - 5 years

Thursdays, 1:00pm - 2:00pm

Apr 4 - May 30 (Cancelled Apr 18)

Fee: \$215 w/badge, \$235 w/o badge



Spring Preschool Programs

Spring Preschool Programs

Little Athletes

#49105

Instructor: Be Ahead of the Game, LLC

Children will have tons of fun all while learning new games and sports. These co-ed classes will introduce the children to multiple sports and games all while focusing on having fun, learning the basics and developing your child's confidence. The children will practice proper techniques through drills, small sided games and scrimmages. Creative movement exercises, parachute games, balls, hula hoops and music will all be used throughout the session. All games and drills will be age appropriate and are sure to improve skills. This is a great opportunity to have fun and learn, all while in a "no pressure" and non-competitive environment. Please send your child with comfortable clothes and sneakers.

Limited to 16 participants

8, 45 minute sessions

Sec. A: Ages 3.5 - 5 years

Mondays, 1:00pm-1:45pm, Apr 1 - Jun 3

(Cancelled Apr 15 & May 27)

Fee: \$160 w/badge, \$180 w/o badge

Little Kickers

Introduction to Soccer

#49106

Instructor: Be Ahead of the Game, LLC

This co-ed clinic will introduce your child to the world's most popular sport while focusing on having fun, learning the basics of the game and developing your child's confidence. Players will practice proper techniques through drills, small-sided games and scrimmages. All games and drills will be age appropriate and are sure to improve skills. We may also take time to play other recreational games and sports to let the children unwind, and incorporate teamwork and cooperation. These clinics are a great opportunity to have fun, learn, and meet new friends in a "no pressure" and non-competitive environment. Please bring water and wear comfortable clothing (sneakers or cleats).

Limited to 18 participants

6, 45 minute sessions at Alphabet Field

Sec. A: Ages 3.5 - 5 years

Tuesdays, 1:00pm - 1:45pm, Apr 2 - May 14

(Cancelled Apr 16)

Fee: \$170 w/badge, \$190 w/o badge

Music Together

#49107

Instructor: Music Together Staff

Discover the joy of family making music! Music Together is about connecting with music with your child and with other families in your community. Playful and enriching, it's 45 minutes of fun! Benefits extend far beyond the classroom. Parents and caregivers regardless of musical ability, create a stimulating and rich environment that supports overall development. We provide you with the tools and resources you need (songbooks, guides, and a happy app for parents) to continue the music making at home. Fee includes weekly classes (including makeups for missed classes) and our materials.

Limited to 12 couples

8, 45 minutes sessions

Ages Birth - 5 years w/adult

Sec. A: Mondays, 9:30am - 10:15am, Apr 1 - Jun 3

(Cancelled Apr 15 & May 27)

Sec. B: Mondays, 10:30am - 11:15am, Apr 1 - Jun 3

(Cancelled Apr 15 & May 27)

Sec. C: Tuesdays, 9:30am - 10:15am, Apr 2 - May 28

(Cancelled Apr 16)

Sec. D: Tuesdays, 10:30am - 11:15am, Apr 2 - May 28

(Cancelled Apr 16)

Fee 1st Child: \$200 w/badge, \$220 w/o badge

Fee 2nd Child: \$120 w/badge, \$140 w/o badge

Twinkle Toes Ballet

#49108

Instructor: Joni Lebov

A fun introduction to ballet! Ballerinas will learn basic ballet positions, skipping, galloping, balancing, and more! Set to ballet music and French terminology. Wear any dance attire or dress up with a tutu or ballet skirt!

Limited to 10 participants

8, 45 minute sessions

Sec. A: Ages 2.5 - 4.5 years

Thursdays, 10:30am - 11:15am, Apr 4 - May 30

(Cancelled Apr 18)

Fee: \$140 w/badge, \$160 w/o badge

Pre-K Karate

#49109

Instructor: Rocky & Wendy DiRico

Taught by world-renowned martial arts educator, Professor Rocky DiRico. With over 40 years of experience, Mr. DiRico is well-known for his childrens' programs, in which he utilized a positive approach to help students improve their self-confidence and always try their best. Being respectful and a good listener are two philosophies that children will learn to help them be successful. In this class, children will learn how to deal with social situations, such as bullying and strangers. They will learn how to resolve conflicts in a peaceful manner. Also, students will learn the importance of physical exercise and stretching, which is a regular part of the training. Mr. DiRico makes the classes fun, while stressing the importance of being serious and always trying your best.

Limited to 25 participants

8, 45 minute sessions

Sec. A: Ages 3 - 5 years

Tuesdays, 1:00pm - 1:45pm, Apr 2 - May 28
(Cancelled Apr 16)

Fee: \$165 w/badge, \$185 w/o badge

Puddlestompers Nature Exploration

#49110

Instructor: Puddlestompers Staff

Explore the wonders of nature this spring with your young naturalists! Learn how flowers grow and dig for worms and other creatures under the soil. Investigate birds building their new nests and hop with frogs to vernal pools! Discover the amazing open spaces Weston has to offer. Weekly classes include hands-on nature exploration, active movement and play, snack, and a story. Younger siblings up to age 10 months and in a backpack, are welcome. Exceptions to age groupings may be granted by Puddlestompers to allow siblings to take class together.

Limited to 10 participants

8, 1 hour sessions at various parks in Weston

Sec. A: Ages 2.5 - 5 years w/adult

Thursdays, 10:00am - 11:00am
Apr 4 - May 30 (Cancelled Apr 18)

Fee: \$200 w/badge, \$220 w/o badge

Tumble Kids

#49111

Instructor: Dotty Martin

Learn about the body in motion in a fun, exciting, and adventurous way. Try out this great gym class with a twist. Discover different ways to move through yoga, stretching, and gymnastics. Learn to swing and roll over the high bar. Jump from the top of the highest mountain. Learn about activating different muscles you never knew you had. Come join us for a great workout.

Limited to 10 participants

8, 45 minute sessions

Sec. A: Ages 3 - 5 years

Wednesdays, 1:45pm - 2:30pm
Apr 3 - May 29 (Cancelled Apr 17)

Fee: \$150 w/badge, \$170 w/o badge

WCCA Friday A.M. Drop-In

for infants, toddlers, and siblings

Make new friends in the community while your little ones burn off some energy! Join us at the Community Center with your infant, toddler or preschooler for a weekly morning of indoor fun. We provide ride-on toys, slides, soft mats, bagels, and coffee. Please note Drop-in is limited to Weston residents and WCCA members only. Cancelled on holidays and Weston Public School closings (including inclement weather closings). Questions, please contact Taylor McIntire (taylor.mcintire@me.com) or Kristin Jones (kristinlyonjones@gmail.com). To join the WCCA go to www.wccakids.org.

Fridays, 10:15am-11:45am

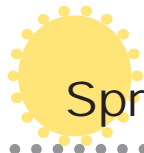
WCCA Dad's Saturday Morning Drop-In

for infants, toddlers & siblings

The dad's group and their activities are a way to make sure you make new friends in the community and have fun. It's also a great opportunity for dad to score points at home, meet other dads, and have a good time with their kids. Most kids participating are 18 months - 6 years. Please note: Drop-in is limited to Weston residents or WCCA members only. FMI: www.westondads.org. Meets 1st and 3rd Saturday of each month

9:30am-11:30am

at the Weston Community Center



Spring Youth Programs

Transportation

is provided from the child's school (Woodland and Country Schools) to the Community Center for all youth programs, except where noted. Children will need transportation home when class is ended. Transportation is not provided on Fridays, for piano lessons or for workshops.

Field School Students

We **do not** provide a supervised pick-up at Field School. Please send your child to school with a note authorizing them to walk over to the Community Center on their own.

Recreation Notes

You must send a note to your child's homeroom teacher on each day that your child will or will not be attending any recreation program. The note should state the following:

- *Child's name
- *Date
- *Name of activity

This is imperative so that your child's teacher and the Recreation Department know where your child should be at the end of the day! If your child will not be attending an afterschool program for any reason, including absence from school, please call the Recreation Office that morning at 781-786-6260.

Blue, pre-printed notes will be available in the Recreation Office and on the first day of each program for your convenience.

School Cancellations Due to Inclement Weather

If Weston Public Schools are cancelled due to inclement weather, Weston Recreation preschool and youth programs will also be cancelled. **Schools Cancel After-School Activities:** Recreation programs will be cancelled and children will be sent home from school on their regular bus. **Delayed School Openings:** If school is delayed we will hold preschool and youth afterschool programs as usual.

Early Dismissal Days

There WILL BE recreation classes on school early dismissal days.

Kindergarten Dismissal: There will be transportation provided at 12:00pm dismissal ONLY. Transportation **will not** be provided for 11:30 dismissals. Days that we do not provide transportation, children should arrive at their program's start time. We **do not** provide a supervised lunch.

All Grades: Parents/guardian need to provide their own transportation for their children to afterschool programs at 12:45pm and 2:45pm.

Attendance Procedures

If your child is not present at their afterschool program and we have not been notified that he/she will be absent, the following procedure will be put into effect.

1. Absentee list from school is double-checked.
2. Teacher is contacted to see if they received any notes or had correspondence with a parent.
3. We call home. If there's no answer, we call parent's work number.
4. We call transportation to see if the child went home on their regular bus, and where he/she was dropped off.
5. Emergency contact is called.
6. If no one can determine the whereabouts of the child, the last resort is to contact the Weston Police Department.



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Makes It, Bake It, & Take It	Grades K-3	page 15
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Tuesday

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Land's Sake, Spring Sprouts	Kindergarten	page 14
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Friday-No transportation

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Saturday

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Annual Egg Hunt - April 20th!

Hippity-hop to the Town Green and don't forget to bring your basket or bag for carrying eggs! There will be separate sections for different age groups and of course, there will be a special visit from the Spring Bunny. In case of inclement weather, meet the Bunny in front of Town Hall. No registration or fee required.

Saturday, April 20, 9am Sharp! on the Town Green

Special thanks to our sponsor:





Spring Youth Programs

Awesome Art!

#49201

Instructor: Beth Meditz

Get “unplugged” with “hands on” and “hands in” ART activities! Sometimes messy, sometimes not, but always fun and creative! At each class, artists will be presented with a starter base and develop their own vision of their creations by choosing from a wide array of inspiring and unusual materials. Abstract and realistic works are created. Find out more about Beth Meditz, M.Ed at www.event-full.net.

Limited to 12 participants

8, 1 hour sessions

Grades K-3

Sec. A: Mondays, 2:45pm-3:45pm
Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Sec. B: Tuesdays, 2:45pm-3:45pm
Apr 2 - May 28 (Cancelled Apr 16)

Fee: \$155 w/badge, \$175 w/o badge

Archery

#49222

Instructor: On the Mark Archery, LLC

Join the program that has everyone raving about one of the world’s most exciting sports; recurve archery. Patience, focus, and discipline are the only things needed to find success and achieve consistent shot groups. Our unique lesson plans engage students in unique challenges each class while balancing out individualized attention and feedback. Enrolled students are eligible for the On the Mark Archery Tournament for all students this spring and summer. All equipment provided.

Limited to 16 participants

4, 1 hour sessions

Grades 4 - 9

Thursdays, 6:30pm - 7:30pm

Sec. A: Apr 4 - May 2 (Cancelled Apr 18)

Sec. B: May 9 - May 30

Fee: \$130 w/badge, \$150 w/o badge

Bookworms: The Reading Comprehension Class

#49202

Instructor: Right Brain Curriculum

Using the wonderfully engaging books of famed children’s author Bill Peet, in Bookworms we focus on such reading comprehension skills as context clues, literature themes, author’s message, making predictions, activating background knowledge, and making connections in order to boost student reading levels and promote a love of literature. Our “Bookworms” also create projects related to a Bill Peet story of their choice including story maps, screenplays, autobiographies, and “Monster Stories”. We invite parents to a “Book Gallery” in the final class to show off student creations. This class is specifically designed for 3rd through 5th grade readers. See a full curriculum preview at rightbraincurriculum.com/bookworms.

Limited to 18 participants

6, 1.5 hour sessions

Sec. A: Grades 2 - 5

Thursdays, 2:45pm - 4:15pm

Apr 4 - May 16 (Cancelled Apr 18)

Fee: \$135 w/badge, \$155 w/o badge

Acting Academy Ensemble Performance

#49223

Instructor: Drama Kids of Metro West Staff

Drama Kids Acting Academy. This workshop style class will give our older Drama Kids friends a second opportunity to perform in an original Drama Kids production. No auditions. Everyone participates. Performance is on the last day of class. **No transportation provided.**

Limited to 16 participants

8, 1 hour sessions

Sec. A: Grades 5 - 8

Mondays, 4:00pm - 5:00pm

Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Fee: \$175 w/badge, \$195 w/o badge



Chess for Kids

#49203

Instructor: James Della Selva

Chess is a game that can be approached as a sport, science, and art form. Class will consist of instruction and play. Students will study master instructive games and techniques that are designed to improve their game. All students will receive a chess trophy or medal upon completion of the program. Research has demonstrated that playing chess improves concentration and critical thinking.

Limited to 14 participants

8, 1 hour sessions

Sec. A: Grades K - 5

Mondays, 2:45pm - 3:45pm

Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Fee: \$145 w/badge, \$165 w/o badge

Intermediate Chess

#49204

Instructor: James Della Selva

Chess is a game that can be approached as a sport, science, and art form. Students will study master games and techniques that are designed to raise their level of play to a higher level. Players will also have the option and opportunity to play in tournaments and team chess events with traditional and beautiful chess sets. All students will receive a chess trophy. Participation in a tournament is optional and not required. Research has demonstrated that playing chess improves concentration and critical thinking.

Limited to 14 participants

8, 1 hour sessions

Sec. A: Grades 1- 5

Tuesdays, 2:45pm - 3:45pm, Apr 2- May 28
(Cancelled Apr 16)

Fee: \$145 w/badge, \$165 w/o badge

Drama Kids Spring Performance

#49205

Instructor: Drama Kids of Metro West Staff

No auditions! Drama Kids Spring Performance gives all of our Drama Kids a chance to show off their skills in our original Drama Kids production. Everyone is cast and will be a part of our ensemble production. Performance is on the last day of class.

Limited to 16 participants

8, 1 hour sessions

Sec. A: Grades K - 4

Mondays, 2:45pm - 3:45pm

Apr 1- Jun 3 (Cancelled Apr 15 & May 27)

Fee: \$175 w/badge, \$195 w/o badge

Digital Animation

#49206

Instructor: Empow Studios

Students will learn to use digital animation software, such as Stykz and Open Toonz, to create their own short animated films. Stykz makes it easy for beginners by incorporating pre-made figures while OpenToonz allows for more experienced artists to explore the powerful tools used by Studio Ghibli to bring their ideas to life. This class shows students how to animate step-by-step, allowing them to explore their creativity while learning about story-telling, time-management, and the 12 principals of animation. This class is great for all levels of experience. Learn more about Empow Studios at <https://empow.me>.

Limited to 12 participants

8, 1 hour sessions

Sec. A: Grades 2 - 8

Tuesdays, 2:45pm-3:45pm

Apr 2 - May 28 (Cancelled Apr 16)

Fee: \$180 w/badge, \$200 w/o badge



Spring Youth Programs

Fun Kindergarten Gymnastics

#49207

Instructor: Dotty Martin

Hey kids! Do you like to walk on your hands? How about swinging from the high bar like the monkeys do? Or we could always test our balance and try walking backwards on the balance beam. Let's not forget cartwheels and back hand springs. We will do it all and have lots of fun learning together. All levels welcome!

Limited to 15 participants

8, 1 hour sessions

Sec. A: Kindergarten

Wednesdays, 12:45pm - 1:45pm *w/supervised lunch*

Apr 3 - May 29 (Cancelled Apr 17)

Fee: \$150 w/badge, \$170 w/o badge

Flag Football

#49209

Instructor: Be Ahead of the Game, LLC

The goal is to provide a safe and positive experience through learning good sportsmanship and fundamentals of flag football. The children will practice proper techniques through drills, side games, and scrimmages. If you have any questions, please contact Brian Kelly at brian@beaheadofthegame.com.

Limited to 20 participants

8, 1 hour sessions

Sec. A: Ages 6 - 10

Wednesdays, 2:45pm - 3:45pm

Apr 3 - May 29, (Cancelled Apr 17)

Fee: \$160 w/badge, \$180 w/o badge

Gymnastics

#49208

Instructor: Dotty Martin

Everybody loves to be upside down, to learn new tricks, and this gymnastics program! Dotty wants to show you how to have some fun learning everything from handstands to back flips. Some balance beam, uneven bars and vaulting will be thrown into the fun mix. All levels welcome!

Limited to 20 participants

8, 1 hour sessions

Sec. A: Grades 1 - 4

Wednesdays, 2:45pm - 3:45pm

Apr 3 - May 29 (Cancelled Apr 17)

Fee: \$150 w/ badge, \$170 w/o badge

Jr. Elite Soccer Session

#49224

Instructor: Be Ahead of the Game, LLC

If your son or daughter age 6 - 10 seems a bit beyond the others on their team and is passionate about playing soccer, than our Jr. Elite Soccer programs are for you. We place a strong focus on developing each player's individual skills, training them in all aspects of soccer, and having fun! All players train in small groups broken up by age and ability. The primary focus at this level is the development of fundamental skills in a fun environment with the introduction of structured team play. At the Elite clinics, coaches ensure that players learn the proper development skills: technical, tactical, physical, and psychological. Team play and spirit are fostered through group exercises. We spend much of our time teaching about "possession of the ball", and making good choices with and without the ball, rather than a simple focus on scoring. **SKILLS** - Weekly practices focus on basic skills beginning with the proper way to strike a soccer ball as well as dribbling, passing, trapping, defending, shooting, throw-ins and positioning. If you have any questions, please contact Brian Kelly at brian@beaheadofthegame.com. **No transportation provided.**

Limited to 40 participants

8, 1 hour sessions

Sec. A: Ages 6 - 10

Wednesdays, 4:00pm - 5:00pm

Apr 3 - May 29, (Cancelled Apr 17)

Fee: \$185 w/badge, \$205 w/o badge

Future House

#49210

Instructor: Right Brain Curriculum

What will life on Earth be like a century from now? In our Future House class, students imagine and design a Lego model of a home they design for the year 2119. First, they study what daily life was like one hundred years ago and then pivot to consider how life might change one hundred years in the future. They study the writings of futurists, learn about new “smart homes” and consider what phones, stoves, sofas, televisions, and cars might look like a century from now. Students use math, writing, and presentation skills as they draw up an extensive blueprint of their future house, compose a “Day in the Life” story that takes place in 2119 and work with geometric calculations as they design their blueprint. Time travel may not really be possible but our Future House students will find themselves in a different time and place! See a full curriculum preview: rightbraincurriculum.com/futurehouse.

Limited to 18 participants

6, 1.5 hour sessions

Sec. A: Grades 2 - 5

Wednesdays, 2:45pm - 4:15pm

Apr 3 - May 15 (Cancelled Apr 17)

Fee: \$135 w/badge, \$155 w/o badge

Golf Lessons

#49225

Instructor: John Gordon, Golf Pro, Wayland Country Club

Learn the fundamentals of golf! Golf pro, John Gordon, has many years of experience working with youth golfers. Participants will learn shot putting, chipping, full swing with both iron and woods, and sand play. Each participant will receive individual instruction. Clubs are provided if needed. All lessons will be held at the Wayland Country Club. **No transportation provided.**

Limited to 10 participants

5, 75 minute sessions at Wayland Country Club, Rt 27

Sec. A: Ages 8 -10 years

Thursdays, 3:00pm - 4:15pm

Apr 25 - May 23

Sec. B: Ages 11-14 years

Thursdays, 4:15pm-5:30pm

Apr 25 - May 23

Fee: \$195 w/ badge, \$215 w/o badge

Karate, Beginner & Intermediate

#49211

Instructors: Rocky & Wendy DiRico

Taught by world-renowned martial arts educator, Professor Rocky DiRico. With over 40 years of experience, Mr. DiRico is well-known for his childrens’ programs, in which he utilizes a positive approach to help students improve their self-confidence and always try their best. Being respectful and a good listener are two philosophies that children will learn to help them be successful. In this class, children will learn how to deal with social situations, such as bullying and strangers. They will learn how to resolve conflicts in a peaceful manner. Also, students will learn the importance of physical exercise and stretching, which is a regular part of the training. Students at all levels will learn basic karate skills, forms (kata), non-contact sparring and self-defense. As students progress, focus will be made on fine-tuning their skills, and learning more advanced techniques. Mr. DiRico makes the classes fun, while stressing the importance of being serious and always trying your best.

Limited to 35 participants

8, 1 hour sessions

Grades K - 5

Sec. A: Tuesdays, 2:45pm - 3:45pm

Apr 2 - May 28 (Cancelled Apr 16)

Sec. B: Thursdays, 2:45pm - 3:45pm

Apr 4 - May 30 (Cancelled Apr 18)

Fee: \$165 w/badge, \$185 w/o badge

Hip Hop Dance Class

#49212

Instructor: Aly Pereira

Come join in on the fun of learning the latest dance moves to the most popular music out right now! Students will learn various dances to popular songs. The class incorporates choreography and different forms of freestyle movement. At the end of the 8-week session, the children will have a short performance of their hard work.

Limited to 20 participants

8, 1 hour sessions

Sec. A: Grades K - 8

Mondays, 2:45pm - 3:45pm

Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Fee: \$105 w/ badge, \$125 w/o badge



Spring Youth Programs

Land's Sake, Spring Sprouts

#49213

Instructor: Land's Sake Staff

Introduce your child to the wonders of nature at Land's Sake Farm! Sprouts will explore how the farm comes alive in the spring and have the chance to interact with our friendly chickens and bunnies. We will plant spring veggies, watch them grow, and get the chance to eat them by the end of the session! This is a fun, hands-on way to get your child outside and learning this spring. Sprouts will take home seasonal produce from the garden when available. Land's Sake educators will meet the children at the Weston Community Center to walk to the Farm (90 Wellesley Street, Weston) together. ** On early release days (11:30am dismissal) the program will be held from 11:30am-1pm. Land's Sake educators will meet the children at Country and Woodland Schools to walk over to the Farm together. Pack a picnic lunch to eat on the Farm together. Pick-up will be at 1:00pm at the Farm on early release days.

Limited to 10 participants

8, 1 hour sessions

Sec. A: Kindergarten

Wednesdays, 12:45pm - 1:45pm

on early release days program will be held from

11:30am - 1:00pm

Apr 3 - May 29 (Cancelled Apr 17)

Fee: \$190 w/badge, \$210 w/o badge

Land's Sake Junior Farmers

#49226

Instructor: Land's Sake Staff

Get ready to grow! Junior Farmers get an in-depth look at how the farm is run, and take responsibility for taking care of the Children's Garden, chickens, and rabbits. We will learn how to use several tools, practice planting, weeding, and harvesting techniques, be able to identify seeds and plants on the farm, and participate in harvesting for our food donations program. Junior Farmers will take home seasonal produce from the Garden when available. Land's Sake educators will pick Junior Farmers up from Field School and walk them to the farm. Sign up for one session or both!

Limited to 12 participants

8, 1 hour 40 minute sessions

Grades 4 & 5

Sec. A: Mondays, 2:20pm - 4:00pm

Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Sec. B: Fridays, 2:20pm - 4:00pm

Apr 5 - May 31 (Cancelled Apr 19)

Fee: \$300 w/badge, \$320 w/o badge

Land's Sake, Spring Explorers

#49214

Instructor: Land's Sake Staff

Join us at the Farm this spring to help get the Children's Garden growing! As Explorers, children are introduced to more in-depth garden topics such as weeding and trellising, plant and animal life cycles, animal husbandry, and composting. We will learn about the ways the animals around the farm grow and behave in the spring, and hopefully will have a lot of baby animals to interact with! We will also enjoy visiting the Magic Tree and playing outdoor games. Students will take home seasonal produce from the garden when available. Land's Sake educators will meet the students at the Recreation Department and will walk to the Farm together. Pick up will be at Land's Sake Farm, 90 Wellesley Street. Register for one day or both!

Limited to 12 participants

8, 1 hour 15 minute sessions

Grades 1 - 3

Sec. A: Tuesdays, 2:45pm - 4:00pm

Apr 2 - May 28 (Cancelled Apr 16)

Sec. B: Wednesdays, 2:45pm - 4:00pm

Apr 3 - May 29 (Cancelled Apr 17)

Fee: \$215 w/badge, \$235 w/o badge

Mechanics in Motion

#49215

Instructor: Pat Seksaria

Through explorations, discoveries, and inventions, students will further their curiosity and learning through fun, interactive, and memorable projects. They will learn tools for understanding our world. Topics will include mechanical systems, applied mathematics, and robotics.

Limited to 20 participants

8, 1 hour & 15 minute sessions

Sec. A: Grades K - 3

Thursdays, 2:45pm - 4:00pm

Apr 11 - May 23 (Cancelled Apr 18)

Fee: \$180 w/badge, \$200 w/o badge

Make It, Bake It, & Take It

#49216

Instructor: Diane Benson

Using cooperation, math skills and following simple directions, “young bakers” will create their own special, tasty treats. Join this class and experience the delicious reward for exploring the creative possibilities of baking! In addition to being fun, fixing your own food can help develop self-esteem and can turn fussy eaters on to new foods. **If you have taken a class with Diane before, don’t worry, recipes are NEVER repeated!!!** Eggs and dairy will be used in this class. Some possible baking activities include: pizza, cookies, muffins, and pasta. Please note on the registration form if your child has any food allergies.

Limited to 9 participants

8, 90 minute sessions

Grades K - 3 & Kindergarten only Sec. C.

Sec. A: Mondays, 2:45pm - 4:15pm

Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Sec. B: Tuesdays, 2:45pm - 4:15pm

Apr 2 - May 28 (Cancelled Apr 16)

Sec. C: Wednesdays, 12:45pm - 2:15pm *w/supervised lunch*

Kindergarten only

Apr 3-May 29 (Cancelled Apr 17)

Sec. D: Wednesdays, 2:45pm - 4:15pm

Apr 3 - May 29 (Cancelled Apr 17)

Sec. E: Thursdays, 2:45pm - 4:15pm

Apr 4 - May 30 (Cancelled Apr 18)

Fee: \$210 w/badge, \$230 w/o badge

Private Piano Instruction

#49227

Instructor: Susan Cohen

Learn to read music and play solo pieces: popular tunes and classical favorites. Topics include note reading, phrasing, and rhythm. Each student is scheduled for 25 minutes (starting every half hour) Visit <https://SBCpiano.com> to learn more about the instructor, or for questions. Feel free to contact the instructor if other times are needed (notes@sbcpiano.com) **No transportation provided**

Ages 6 - 10

8, 25 minute lessons

All classes meet on Mondays

Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Sec. A: 2:30pm - 3:00pm

Sec. B: 3:00pm - 3:30pm

Sec. C: 3:30pm - 4:00pm

Sec. D: 4:00pm - 4:30pm

Fee: \$360 w/badge, \$380 w/o badge

Super Sports

#49218

Instructor: Be Ahead of the Game, LLC

Super Sports will concentrate on introducing a variety of sports and the basic skills needed to play these sports. Cooperation and teamwork will be the focus, rather than the competition of the games. You will learn proper warm-ups, games, and stretching before introducing new sports, their rules and tactics. A wide variety of sports and games will be covered all while having fun! Children should wear sneakers.

Limited to 16 participants

8, 1 hour sessions

Sec. A: Grades K - 5

Mondays, 2:45pm - 3:45pm

Apr 1 - Jun 3, (Cancelled Apr 15 & May 27)

Fee: \$160 w/badge, \$180 w/o badge

Sew and Craft Class

#49217

Instructor: Hip Stitch

Come and get creative with us. Learn to sew using a sewing machine and hand sewing! Create some cute tote bags, stuffies, or make some spring accessories, skirts, and leggings. Craft some unique jewelry, collage, weave, and more!

Limited to 16 participants

8, 90 minute sessions

Sec. A: Grades 1 - 5

Mondays, 2:45pm-4:15pm

Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Fee: \$240 w/badge, \$260 w/o badge



Spring Youth Programs

Track & Field Clinic

#49228

Instructor: David Bell

Can you leap tall buildings in a single bound, run faster than a speeding bullet, or throw a ball more than a mile? Are you fast? Do you like to race? Do you have a “good arm”? Can you and your friends form a fast team? Come to this informal and fun track and field clinic designed to familiarize participants with this universal, Olympic sport. The emphasis is on participating, learning, improving, and doing the best one can. Track events include the 100, 200, and 400 meters, the 50 meter dash for 3rd and 4th graders, and the 800 meters and one mile for the four older grades. Field events include the softball throw for distance, the standing broad jump for 3rd and 4th graders, the running long jump for 5th and 6th graders, and the long and triple jumps for 7th and 8th graders. There is also the 4 x 100 meter relay race. Come with your relay team together, or we will create and put you on one. The events are contested by grade -- the 3rd and 4th grades together, the 5th, and 6th grades together, and the 7th and 8th grades together -- based on the current (2018-2019) school year. An experienced (on school team) 7th or 8th grader who wants to participate only in the local meet may do so for \$15. However, pre-registration is still required. **Questions? Please contact: David Bell, davidkbell@hotmail.com**

For boys and girls, Grades 3 - 8 (2018 - 2019 school year)

Location: Weston High School Track

When:

Thu, May 16 3:00pm-4:45pm
Thu, May 23 3:00pm-4:30pm
Thur, May 30 reserved for rain date
Fri, May 31 3:45pm-6:15pm scrimmage in Concord
(rain date Tues, Jun 4)
Thu, Jun 6 3:00pm-4:30pm
Sat, Jun 15 6:30pm-9:00pm Local meet in Burlington
(rain date Sun, June 16)

Fee: \$125 w/badge, \$145 w/o badge

Scratch Computer Programming

#49229

Instructor: Empow Learning

Scratch the surface of programming with Scratch! Developed by M.I.T., the Scratch platform is one of the most engaging ways to teach kids to code. Students learn the basics of computer programming by arranging puzzle-like blocks into lines of code in a drag-and-drop graphical interface. Possible projects include video games, animations, simulators, and even role-playing games. After the class, projects are shared with family and friends, and kids can continue to work on their projects from home. Learn more about Empow Studios at <https://empow.me>. **No transportation provided.**

Limited to 12 participants

8, 1 hour sessions

Sec. A: Grades 2 - 8

Tuesdays, 4:00pm - 5:00pm

Apr 2 - May 28 (Cancelled Apr 16)

Fee: \$180 w/badge, \$200 w/o badge

3 Week Handbuilding Pottery Class

#49219

Instructor: Arti Bhola Goulatia

Looking for something new, fun, and innovative to do? Enroll for this three week pottery/clay class to explore your creative interest. Taught by an experienced and nationally recognized ceramic artist. Students will discover the transformational qualities of clay and learn, using different techniques, how to hand build a favorite bowl, a personalized mug, and so much more. They will learn to decorate the surface using various patterns, textures, and glazes. All projects will be fired and returned a couple weeks after the class ends. The class offers a fun and creative learning environment with step by step instructions, personal attention and regular demonstrations. Register for this class and create something unique and one of a kind with your hands! Learn more about the artist/instructor and see her work at www.theceramicsgarage.com

Limited to 12 participants

3, 90 minute sessions

Sec. A: Grades K - 5

Wednesdays, 2:45pm - 4:15pm

Apr 3 - Apr 24 (Cancelled Apr 17)

Fee: \$215 w/ badge, \$235 w/o badge



Writing Wizards

#49220

Instructor: Right Brain Curriculum

In Writing Wizards, we foster a love of writing by guiding students to write and publish their own real book! Using novels like Harry Potter and The Chronicles of Narnia as inspiration, each pair of students designs a fantasy world that includes major and minor characters, fantastic settings, an extended backstory and a world of wonder. The authors use artwork and brainstorming to design plot twists and dynamic characters. Teachers guide the students, providing contextual mini-lessons on writing techniques that include the use of dialogue, detailed descriptions, sensory-rich word choice, and character development. At the end of the course, students take home their completed novel. See a full curriculum preview at rightbraincurriculum.com/expertarchitect/writing-wizards.

Limited to 18 participants

6, 1.5 hour sessions

Sec. A: Grades 2 - 5

Tuesdays, 2:45pm - 4:15pm

Apr 2 - May 14 (Cancelled Apr 16)

Fee: \$135 w/badge, \$155 w/o badge

Yoga for Kids w/Judy

#49221

Instructor: Judy Henderson

Come explore yoga, meditation, and mindfulness activities through music, stories, and stretching. Judy is a graduate of Teachers College, Columbia University and a trained Kidding Around Yoga enthusiast. Stretch and relax and with us!

Limited to 12 participants

8, 1 hour sessions

Sec. A: Grades K - 2

Tuesdays, 2:45pm-3:45pm

Apr 2 - May 28 (Cancelled Apr 16)

Fee: \$195 w/badge, \$210 w/o badge

Spring Youth Workshops

Land's Sake Spring Discovery

#49230

Instructor: Land's Sake Staff

Make the most of April vacation week! Join experienced Land's Sake educators to prepare garden beds, plant seeds, take care of rabbits and chickens, read nature stories and make spring crafts. We will climb trees, look for tadpoles, and learn about the ways that the farm wakes up from its winter slumber. See nature and the farm come alive this spring! Bring a lunch for a picnic at the farm. Register for one day or up to all five! **No transportation provided.**

Limited to 12 participants

1, 4 hour session at Land's Sake Farm

Grades K-3

9:00am - 1:00pm

Sec. A: Monday, Apr 15

Sec. B: Tuesday, Apr 16

Sec. C: Wednesday, Apr 17

Sec. D: Thursday, Apr 18

Sec. E: Friday, Apr 19

Fee per Sec./Day: \$60 w/badge, \$70 w/o badge

Spring Chess Championship

#49231

Instructor: James Della Selva

The Weston Recreation Department proudly presents the 2019 Spring Chess Championship. Students will have the opportunity to play high level tournament chess while learning rules and strategies designed to raise their level of play. The championship will be divided into sections according to age and grade level. The tournament will be directed by James Della Selva, United States Chess Federation Expert. This is not USCF rated, but will be based on many, if not all of their rules. It's an opportunity for serious chess players with little or no tournament experience. For more experienced players a chess clock will be available to use for game play. All players will receive a trophy or medal according to their performance.

Limited to 20 participants

1, 4.5 hour session

Sec. A: Grades K - 8

Saturday, May 4, 10:00am - 1:00pm

Fee: \$45 w/badge, \$55 w/o badge



Spring Youth Workshops

No School Day Program: Young Engineers

#49232

Instructor: Diane Benson

No school today? Why not spend the mornings doing something creative with some other kindergarten kids!?!? Join in on the fun and take part (and take home) some great engineering activities! Kids will design a back scratcher, catapult, and MORE! **No transportation provided.**

Limited to 10 participants

1, 2 hour session

Kindergarten only

Sec. A: Wednesday, May 8, 10:00am-12:00pm

Sec. B: Wednesday, May 15, 10:00am - 12:00pm

Fee: \$55 w/badge, \$65 w/o badge

Clay Workshop

#49233

Instructor: Arti Bhola Goulatia

Get ready to create a unique project in this fun clay workshop! Bring your friend or come by yourself. This one time, no commitment workshop promises everyone a great time and a piece of art to show that you created yourself! Students will start with a lump of clay and hand-build a beautiful one of a kind piece. They will then decorate the surface with patterns, textures, and glazes. The finished work will be fired and ready for pick up in a couple weeks. Clay, tools, brushes, glazes and firing are all included. All you have to do is show up! No prior experience necessary. Learn more about the artist/instructor and see her work at www.theceramicsgarage.com. **No transportation provided.**

Limited to 12 participants

1, 90 minute session

Sec. A: Grades K - 5

Thursday, Jun 6, 3:00pm - 4:30pm

Fee: \$80 w/ badge, \$90 w/o badge

Pottery Glazing

#49234

Instructor: Arti Bhola Goulatia

Fire up your creativity and discover your inner artist! Each student will start with a blank canvas (blank piece of pottery in this case) and glaze their masterpiece using various painting techniques, design principles, and color theory. Guided instructions from an experienced ceramic artist makes this a one of a kind experience. Finished work will be left behind for firing and will be ready for pick up in a couple weeks. Everyone gets to be an artist and paint a unique and personalized piece. Pottery pieces, tools, brushes, and a wide choice of glazes and firing are all included. All you have to do is show up! No prior experience necessary. Learn more about the artist/instructor and see her work at www.theceramicsgarage.com. **No transportation provided.**

Limited to 24 participants

1, 1 hour session

Sec. A: Grades K - 5

Thursday, Jun 13, 3:00pm - 4:00pm

Fee: \$50 w/ badge, \$60 w/o badge

Father's Day Cake

#49235

Instructor: Diane Benson

Have fun making and decorating a cake for your dad on Father's Day!!! Please note on the registration form if your child has any food allergies (some candies used in this class may be made in a facility that also processes nuts, please check with instructor if needed). **No transportation provided.**

Limited to 10 participants

1, 2 hour session

Sec. A: Grades K - 4

Thursday, Jun 13, 3:00pm - 5:00pm

Fee: \$60 w/badge, \$70 w/o badge

Land's Sake Spring Green Power

#49236

Instructor: Land's Sake Staff

Join us for this program where middle school students get the chance to start the season for our Junior Farmer Field. Green Power students get exclusive access to the behind the scenes workings of the farm, have the chance to interact with farmers, plan the Junior Farmer field, start seeds in the greenhouse, transplant them into the field, learn cultivation techniques, and participate in irrigation and building projects. There will be plenty of time with baby animals, too!

Limited to 12 participants

8, 2 hour sessions

Sec. A: Grades 6, 7, & 8

Thursdays, 3:15pm - 5:15pm, Apr 4 - May 30
(Cancelled Apr 18)

Fee: \$300 w/badge, \$320 w/o badge

Golf Lessons

#49225

Instructor: John Gordon, Golf Pro, Wayland Country Club

Learn the fundamentals of golf! Golf pro, John Gordon, has many years of experience working with youth golfers. Participants will learn shot putting, chipping, full swing with both iron and woods, and sand play. Each participant will receive individual instruction. Clubs are provided if needed. All lessons will be held at the Wayland Country Club. **No transportation provided.**

Limited to 10 participants

5, 75 minute sessions at Wayland Country Club, Rt 27

Sec. B: Ages 11-14 years

Thursdays, 4:15pm-5:30pm
Apr 25 - May 23

Fee: \$195 w/ badge, \$215 w/o badge

First Aid & CPR/AED

#49237

Instructor: Juanita Allen-Kingsley

This course is designed for anyone who may need to respond to a first-aid emergency. Participants learn how to handle injuries and manage illness in the first few minutes until help arrives. If you are a Girl Scout leader who needs both first aid and CPR certification, this is the perfect course for you! The modules covered will include, first aid basics, medical emergencies, injury emergencies, adult CPR, and pediatric CPR. This meets the requirements of Scout leaders, coaches, children's sports organizations, childcare providers, teachers, foster care workers, camp counselors, youth organizations, babysitters, and parents. This is a certification course good for two years.

Limited to 12 participants

1, 3 hour session

Sec. A: Ages 18+

Wednesday, Apr 3, 6:30pm - 9:30pm

Fee: \$90 w/badge, \$110 w/o badge

Home Alone Safety

#49238

Instructor: Juanita Allen-Kingsley, EMT

Children will learn telephone and door answering techniques, internet safety, accident and fire protection, and first aid techniques. The class includes a variety of teaching methods, including a video and role playing. **No transportation provided.**

Limited to 12 participants

1, 2 hour session

Sec. A: Ages 9 - 11years

Wednesday, Apr 3, 3:30pm-5:30pm

Fee: \$50 w/badge, \$60 w/o badge

Wayland-Weston Crew

Registration open for middle school recreational, non-competitive rowing programs. Rowing, a non-contact sport, is perfect for both beginners and established athletes. Middle school experience can lead to a high school varsity career. Spring season, April break camp, and summer programming options are available. For more information on middle school, high school, or adult programming, visit our website www.wwcrew.org or email: rowingmike@gmail.com.



American Red Cross Swim Lessons

Swim Level I

#49701

This course is designed for the non-swimmer who is getting used to the water. We will introduce bubble blowing, kicking with support, basic arm movements and floating with support. Emphasis will be on having fun while learning the basics.

Limited to 6 participants

7, 30 minute sessions at the Middle School Pool
Ages 3 - 13
Saturdays, Apr 6 - Jun 1 (Cancelled Apr 20 & May 25)
Sec. A: 1:00pm - 1:30pm
Sec. B: 2:00pm - 2:30pm
Sec. C: 2:30pm - 3:00pm
Fee: \$130 w/badge, \$150 w/o badge

Swim Level II

#49702

We will be focusing on beginner level skills. Children will be working on front and back floats, blowing bubbles, kicking and the introduction of the front crawl. The objective of the class is to give students success with swimming. Students must be able to put their face in the water for a three second count.

Limited to 8 participants

7, 30 minute sessions at the Middle School Pool
Ages 3 - 13
Saturdays, Apr 6 - Jun 1 (Cancelled Apr 20 & May 25)
Sec. A: 1:30pm - 2:00pm
Sec. B: 2:00pm - 2:30pm
Sec. C: 2:30pm - 3:00pm
Fee: \$130 w/badge, \$150 w/o badge

Swim Level III

#49703

Students learn to coordinate the front crawl and backstroke and are given an introduction to the elementary backstroke. Diving from the side of the pool will also be taught.

Limited to 10 participants

7, 30 minute sessions at the Middle School Pool
Ages 3 - 13
Saturdays, Apr 6 - Jun 1 (Cancelled Apr 20 & May 25)
Sec. A: 1:30pm - 2:00pm
Sec. B: 3:00pm - 3:30pm
Fee: \$130 w/badge, \$150 w/o badge

Swim Level IV

#49704

Students work on improving their strokes and increasing their endurance. We will be reviewing the elementary backstroke, front crawl, and backstroke. The instructor will introduce the breaststroke and sidestroke.

Limited to 10 participants

7, 30 minute sessions at the Middle School Pool
Ages 6 - 13
Saturdays, Apr 6 - Jun 1 (Cancelled Apr 20 & May 25)
Sec. A: 1:00pm - 1:30pm
Sec. B: 3:30pm - 4:00pm
Fee: \$130 w/badge, \$150 w/o badge

Swim Level V

#49705

The objective of this class is to coordinate and refine all of the key strokes. The butterfly stroke will be introduced and building endurance will be emphasized.

Limited to 10 participants

7, 30 minutes sessions at the Middle School Pool
Ages 6 - 13
Saturdays, Apr 6 - Jun 1 (Cancelled Apr 20 & May 25)
Sec. A: 3:30pm - 4:00pm
Fee: \$130 w/badge, \$150 w/o badge

Red Waves Spring Workout

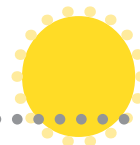
#49706

Instructor: TBA

The program is directed towards swimmers of all ages that have already competed on a swim team. Practices will consist of drills and stroke development that will be integrated into practice sets. Swimmers with a competitive swim team experience are encouraged to sign up for their age group.

Limited to 40 participants for each section

Ages 6 - 18 years
Tuesdays and Thursdays
Apr 2 - May 23 (Cancelled Apr 16 & 18)
at the Middle School Pool
Sec. A: Ages 8 & Under, 6:00pm - 7:00pm
Sec. B: Ages 9 - 14, 7:00pm - 8:15pm
Fee: \$125 w/badge, \$145 w/o badge



American Red Cross Lifeguard Training

#49707

Instructor: Lily Gordon

Interested in a great summer job as a professional lifeguard? Consider becoming a certified lifeguard by taking the American Red Cross Lifeguard Training Class with Weston Recreation. Through videos, group discussion, and hands on, in water practice, you will learn teamwork, rescue, and surveillance skills. Upon successful completion of the course you will be certified in American Red Cross lifeguard training, CPR, AED, and first aid.

To successfully complete the course students must attend and participate in all class sessions, complete all classroom work, and demonstrate competency in all required skills and activities. Students will also be required to successfully execute final rescue scenarios, and pass a written exam in Lifeguarding, First Aid, CPR, and AED. Participants should come prepared for both in water and out of water training sessions. On days when there is a 1/2 hour lunch break students should bring a bagged lunch.

Prerequisites: Must be 15 years by the start date of the class. Must pass swim skill test on first night of class.

Required Course Length: 25 hours, 20 minutes

All sessions must be attended in full. Make up days will not be given.

Limited to 12 participants

All classes will meet at the Weston Middle School Pool

Registration deadline is Apr 19, 2019

Sec. A:

Saturday, Apr 27 9:00am - 5:00pm (1 hour lunch break)

Sunday, Apr 28 10:00am - 4:00pm (1/2 hour lunch break)

Saturday, May 4 9:00am - 5:00pm (1 hour lunch break)

Sunday, May 5 10:00am - 4:00pm (1/2 hour lunch break)

Fee: \$285 w/badge, \$305 w/o badge

American Red Cross Water Safety Instructor Course

#49708

Instructor: Lily Gordon

This course trains WSI candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions, and how to evaluate participant's progress.

Prerequisites: Must be at least 16 years old.

Demonstrate the ability to perform the following swimming skills (on the first day of class): Swim the following strokes consistent with Level 4: front crawl, back crawl, breaststroke, elementary backstroke, sidestroke - 25 yards, Butterfly - 15 yards.

Certification Requirements:

Complete the Orientation to the Swimming and Water Safety Program.

Complete all classroom sessions and homework associated with the Water Safety Instructor Course

Demonstrate competency in all required skills and activities.

Correctly answer at least 80% of the questions in the final written exam.

Limited to 12 participants

Registration deadline is May 10, 2019

Sec. A:

Friday, May 17 4:30pm - 9:00pm-Weston Community Center

Saturday, May 18 9:00am - 5:00pm-Weston Middle School Pool

Sunday, May 19 9:00am - 3:00pm-Weston Middle School Pool

Fee: \$375 w/badge, \$425 w/o badge

Saturday Open Swim

Come have fun splashing around! Bring your suit and towel; lockers are available, but you must bring your own lock and empty out your locker after each visit. Patrons must sign in with the lifeguard on duty before entering the pool.

Saturdays, 1:00pm - 4:00pm ending June 1

(Cancelled Apr 20, May 25)

Fee: Weston Recreation Badge *or* \$4 Adult Resident, \$2 Child Resident, \$6 *Non-Resident regardless of age. *All non-residents must be accompanied by a Weston resident.

Saturday Open Gym

Enjoy a pick-up game in the gym. This is a perfect opportunity to spend time with family and friends. Note: gym equipment (basketballs, etc.) are not provided. Also, on occasion half of the gymnasium may be utilized for youth sports clinics run by the Recreation Department.

Saturdays, 1:00pm - 4:00pm, through May 18

(Cancelled Apr 13 & 20)

Fee: Weston Recreation Badge *or* \$4 Adult Resident, \$2 Child Resident (12 & under), \$6 *Non-Resident regardless of age. *All non-residents must be accompanied by a Weston resident.



Spring Adult Programs

Ballroom Dance

#49500

Instructor: Michele Cloutier

Across the country people are learning or re-learning the joys of ballroom dancing. Here's your chance to join them and master the most popular dances - ballroom, Latin, and swing. By the end of our session you'll be prepared for any social event. This class accommodates beginner through advanced students. ***Fee is per person.**

Limited to 12 participants

8, 1 hour sessions

Sec. A: Tuesdays, 7:30pm - 8:30pm, Mar 19 - May 7

Fee: \$160* w/badge, \$180* w/o badge

Bike Repair Workshop

#49501

Instructor: Joel Angiolillo

It's that time of year to bring out your family's bicycles and get them ready for the roads and trails. Bring your bikes to the 3rd Annual Bike Repair Clinic at the Weston Arts & Innovation Center. We will help you check over your bike, diagnose problems, and do minor repairs to get your bike on the road. Sponsored by the Weston Recreation Department and the Weston AIC. For more information go to [Weston AIC.org](http://WestonAIC.org). Weston AIC is located at 356 Boston Post Road, Weston.

Saturday, April 27 (Raindate April 28)

10:00am - 1:00pm

No charge

Golf Lessons

#49503

Instructor: John Gordon, Golf Pro, Wayland Country Club

Whether you are a beginner or seasoned player learning the fundamentals of golf will allow players to enjoy their game more. In this class participants will work on shot-putting, chipping, full swing with both iron and woods, and sand play. Each participant will receive individual instruction. Clubs are provided if needed. All lessons will be held at the Wayland Country Club.

Limited to 10 participants

5, 75 minute sessions at Wayland Country Club, Rt 27

Sec. A: Thursdays, 1:00pm - 2:15pm

Apr 25 - May 23

Fee: \$195 w/ badge, \$215 w/o badge

Clay Workshop

#49502

Instructor: Arti Bhola Goulatia

Get ready to create a unique project in this fun clay workshop! Students will start with a lump of clay and hand-build a beautiful one of a kind piece. They will then decorate the surface with patterns, textures, and glazes. The finished work will be fired and ready for pick up in a couple weeks. Clay, tools, glazes and firing are all included, you just need to show up! Sign up and start your creative journey. No prior experience necessary. Learn more about the artist/instructor and see her work at www.theceramicsgarage.com.

Limited to 12 participants

1, 90 minute session

Sec. A: Wednesday, May 1, 12:45pm - 2:15pm

Fee: \$80 w/ badge, \$100 w/o badge

Qi Gong & Tai Chi for Health

#49504

Instructor: Rose Horowitz

Qi gong (pronounced chi gong) is a 5000 year old Chinese ancient martial art for increasing life force and vitality. It teaches breathing technique, self-care and self-healing techniques, increases flexibility, balance, strengthens bones and muscles, reduces stress, boosts the immune system and maintains good health. Tai Chi is a meditation in motion sequence that increases balance, centeredness, and endurance which reduces the risk of falling.

Limited to 12 participants

6, 1 hour 15 minute sessions

Sec. A: Mondays, 10:30am - 11:45am

Apr 8 - Jun 3 (Cancelled Apr 15, 22 & May 27)

Fee: \$165 w/badge, \$185 w/o badge

Adult Beginner Tennis

#49505

Instructor: Longfellow Club Pro

Designed for those who want to learn to play tennis in a supportive environment.

Limited to 12 participants

8, 1 hour sessions

Held at Longfellow Club, 524 Boston Post Rd, (Rt 20) Wayland

Sec. A: Thursdays, 12:00pm - 1:30pm
Apr 4 - May 30 (Cancelled Apr 18)

Fee: \$200 w/badge, \$220 w/o badge

Intermediate Singles Strategy for Tennis

#49507

Instructor: Longfellow Club Pro

Learn how to develop great tactics and strategy for singles play, along with the technique needed to execute them. One hour of drills followed by a half hour of supervised play.

Limited to 12 participants

6, 90 minute sessions

Held at Longfellow Club, 524 Boston Post Rd, (Rt 20) Wayland

Sec. A: Fridays, 11:00am - 12:30pm
Apr 5 - May 31 (Cancelled Apr 19)

Fee: \$200 w/badge, \$220 w/o badge

Doubles Strategy for Tennis

#49508

Instructor: Longfellow Club Pro

Is your doubles play dragging you down? Learn how to improve your doubles and play like the pros. The class will be one hour of drills and a half hour of supervised play.

Limited to 12 participants

8, 90 minute sessions

Held at Longfellow Club, 524 Boston Post Rd, (Rt 20) Wayland

Sec. A: Wednesdays, 11:00am - 12:30pm
Apr 3 - May 29 (Cancelled Apr 17)

Fee: \$200 w/badge, \$220 w/o badge

Adult Advanced Beginner Tennis

#49506

Instructor: Longfellow Club Pro

Designed for those who have completed a beginner level class or who have played tennis at some point in their life.

Limited to 12 participants

8, 1 hour sessions

Held at Longfellow Club, 524 Boston Post Rd, (Rt 20) Wayland

Sec. A: Tuesdays, 1:00pm - 2:30pm
Apr 2 - May 28 (Cancelled Apr 16)

Fee: \$200 w/badge, \$220 w/o badge

Adult Cardio Tennis

#49509

Instructor: Longfellow Club Pro

High energy fitness activity that combines the best features of the sport of tennis with cardiovascular activity. All levels welcome!

Limited to 12 participants

8, 1 hour sessions

Held at Longfellow Club, 524 Boston Post Rd, (Rt 20) Wayland

Sec. A: Mondays, 11:00am - 12:00pm
Apr 1 - Jun 3 (Cancelled Apr 15 & May 27)

Sec. B: Fridays, 11:00am - 12:00pm
Apr 5 - May 31 (Cancelled Apr 19)

Sec. C: Saturdays, 7:30am - 8:30am
Apr 6 - Jun 8 (Cancelled Apr 20 & May 25)

Fee: \$135 w/badge, \$155 w/o badge

Attention Adults!

Do you need help with yard work, odd jobs, computers or babysitting? This office has a Teen Job Book where Weston teens interested in performing various jobs have supplied their information. If you are looking for help, please come by the Recreation Department located in the Community Center, 20 Alphabet Lane and take a look through the Teen Job Book.



Spring Adult Programs

Strengthen, Stretch & Cardio w/ Joni

#49510

Instructor: Joni Lebov

Joni has been a best seller at Weston Recreation for many years. She offers a low-impact, aerobic workout including muscle conditioning with weights, yoga, stretching, balance, and a core/abdominal segment, too. All equipment provided, adapting exercises to all levels. Come join our friendly group!

Limited to 20 participants

12, 1 hour sessions

Tuesdays & Thursdays, 9:15am - 10:15am

Sec. A: Apr 2 - May 16 (Cancelled Apr 9 & 11)

Sec. B: May 21 - Jun 27

Fee: \$120 w/badge, \$140 w/o badge

Saturday Morning 18+ Basketball

#29508

Get out of bed and come join this group for a great time playing pick-up basketball on Saturday morning. All abilities are welcome.

Saturdays, 8:30am-10:00am, through June 29

at the Middle School Gym

Fee: \$200

Tuesday Night Basketball

#29508

Please bring your own basketballs and enjoy a friendly pickup game, or use this time to practice and improve your skills! Code of Conduct: In an effort to make its athletic programs as enjoyable as possible for all those involved, the Weston Recreation Department requires that a positive and encouraging environment that supports good sportsmanship be maintained. Any participant (and/or their supporters) not practicing these values will first be warned. If the behavior deemed inappropriate continues, they will then be asked to leave the event by the individual(s) running the program. Any subsequent repeat offenses will be grounds for exclusion (without refund) from that activity.

Tuesdays at the Middle School Gym

7:00pm* - 9:15pm through the end of August

Fee: \$200

*starting time may slightly alter depending on WHS sports schedule.

Total-Fitness w/Kathy

#49511

Instructor: Kathy Langenberg

Put some "spring" into your step without high jumping or jacks. Finding fitness with core and cardio conditioning, muscle toning and strengthening, balance, and stretching. Join our fun fitness class! No experience necessary. Everyone welcome!

Limited to 20 participants

29 or 19, 1 hour sessions

Monday, Wednesday & Fridays

9:00am - 10:00am, Apr 1 - Jun 21

(Cancelled Apr 8, 10, 12, 15, 17, May 5 & 27)

Sec. A: 3x week, 29 classes

Sec. B: 2x week, 19 classes

Fee Sec. A: 3x week \$250 w/badge, \$270 w/o badge

Fee Sec. B: 2x week \$170 w/badge, \$190 w/o badge

Water Exercise

#49512

Instructor: Lily Gordon

Have fun while working out in the water! Great friendships are created; some are renewed. Whether you have arthritis, muscular weakness, or just everyday aches and pains, you will get something out of this class. We will work on posture and balance, muscular and cardiovascular strength, and relational outreach.

Limited to 25 participants

1 hour sessions at the Regis College Pool

9:00am - 10:00am, Mondays, Wednesdays, & Fridays

Apr 1 - May 31 (Cancelled Apr 15, 19, 22 & May 27)

Sec. A; 2x week

Sec. B: 3x week

Fee Sec. A: \$135 w/badge, \$155 w/o badge

Fee Sec. B: \$165 w/badge, \$185 w/o badge

Online Registration begins on Tuesday, March 12th at 7pm

Log on to www.weston.org to register for camp. Follow the same procedure outlined on page 3. Please see “[Registration Information](#)” below for more information on requirements for camp attendance.

Walk-In Registration begins on Thursday, March 14th at 8:30am

Camp Schedule

Week 1: July 1 - July 3

(no camp July 4 & 5)

Week 2: July 8 - July 12

Week 3: July 15 - July 19

Week 4: July 22 - July 26

Week 5: Jul 29 - Aug 2

Week 6: Aug 5 - Aug 9

BONUS WEEK: Aug 12 - 16

Registration Information

Camp registration forms will be available at the Recreation Office starting February 11th for walk-in registrations. Payment in full must be made with registration. Medical forms* are required for all camp programs and physicals must be dated within two years of camp attendance. (Please see Camp Docs below). All participants in camp must have a Recreation Badge for the season beginning May 2019. You must purchase either an All-Inclusive, Memorial Pool Badge, or Summer Camp Badge. The Seasonal Badge is not valid for the summer camp requirement. We will continue to accept registrations for each camp session until it is full. Once a session is full, we will begin a waitlist. No payment is required to be waitlisted. As space becomes available, those waitlisted will be contacted. If you chose to register for camp, forms and payment will be necessary at that time. Mastercard, Visa, American Express cards, and checks are accepted.

*Camp Docs

Health forms for your child are now even easier to complete! In our continuous efforts to provide the best possible care for our campers, Weston Recreation is once again partnering with CampDocs.com. CampDoc.com is an electronic health record system for camps and will help us consolidate and integrate camper health information into a centralized and secure location. Their system will give Weston Recreation staff instant access to camper health information, a key component to providing quality care. All required health forms will be completed through CampDoc.com, within 5 - 7 days of registering your child(ren), you will receive an email from CampDoc.com providing you with your account log in information. If you have questions, please email them to smith.l@westonmass.org.

2019 Summer Camps

Weston Recreation Department prides itself on providing quality summer programs for children of all ages. We offer cost effective programming in conjunction with maintaining a safe, structured environment for playing, learning and creating. Our experienced summer staff comes from a wide variety of backgrounds including recreation, education, social work, child development, or a related field. The staff consists of college graduates and college and high school students from Weston and surrounding towns. Arts & crafts, cooperative leadership activities, drama, music, swimming, sports, and much more will be part of each camper's summer fun!

Cancellation Policy

Cancellation requests must be made by June 15, and a \$50 fee will be charged for each week cancelled. A \$25 fee will be charged for all transfers. **No refunds will be issued for cancellations made after June 15, 2019**



Summer Camps

Camp ABC

#50001

ABC campers will enjoy a fun-filled summer! They will be placed in age-appropriate groups led by experienced staff. Counselors will be sensitive to the growth and developmental needs of each camper. The camp will encourage making new friends, while developing cognitive skills, fine and gross motor skills, communication skills and developing an awareness of one's surroundings. Each camp day will consist of four activity periods: free swim, sports, arts and crafts and camper's choice, with time reserved for snack. *Recreation Badge required.*

Ages 4 - 5 as of Jul 1, 2019

Monday - Friday, 8:30am - 12:00pm at Country School

Week 1: \$150

Weeks 2, 3, 4, 5, or 6: \$250

Sports, Sports, and More Sports

#50005

This is a camp for your child if they love sports and sports related activities. Your child could participate in soccer, basketball, flag football, even some wacky non-traditional games and much more. Included every week are daily swim lessons and a field trip that will have a sports related theme.

Recreation Badge required

Entering Grades 1 - 5 in the fall of 2019

Monday - Friday, 8:30am-4:00pm at Woodland School

Week 1: \$180

Weeks 2, 3, 4, 5, or 6: \$295

Extended Day Program for Camp ABC Attendees*

Mondays, Tuesdays, Wednesdays, Thursdays.

12:00pm - 2:30pm

Fee: \$25 per day

NO EXTENDED DAY ON FRIDAYS

*Please send your camper with a lunch for extended days. Sign up for one or all four days.

Outer Limits

#50003

Sign up now and don't miss out on this great opportunity to hang out with your friends and make new friends while creating lasting summer memories! Outer Limits offers a wide variety of activities each week with possible field trip destinations of Six Flags NE, paintball, laser tag, and white water rafting. All field trips are included in the cost of the program.

Recreation Badge required.

Entering Grades 5 - 7 in the fall of 2019

Monday - Friday, 8:30am - 4:00pm at Woodland School

Week 1: \$225

Weeks 2, 3, 4, 5, or 6: \$370

Camp Adventure

#50002

Join us at Adventure Camp for some fun in the sun (or even rain!) with various activities that include sports, games, certified swim lessons, crafts, one field trip per week and much more. Each week will be a different theme and include science, gymnastics, chess and a special themed event on Friday!! *Recreation Badge required.*

Entering Grades 1 - 4 in the fall of 2019

Monday - Friday, 8:30am - 4:00pm at Woodland School

Week 1: \$180

Weeks 2, 3, 4, 5, or 6: \$295

KWEST (Quest) Summer Tour

#50004

KWEST meets the unique interests and needs of our teens with a calendar of exciting day trips and activities specifically geared to engage this age group. This program consists of day trips to a wide range of destinations including amusement parks, sporting events, and more. All counselors will be college age or older.
Recreation Badge required

Entering Grades 8 & 9 in the fall of 2019
Monday - Friday, 8:30am - 4:00pm at Woodland School
Week 1: \$225
Weeks 2, 3, 4, 5, or 6: \$370

Bonus Field Trip Week Aug 12 - 16

#50006

Don't let camp end! Continue with one more week of camp favorite field trips and more Memorial Pool free swim! This week will consist of one day on-site with scheduled activities and FOUR field trips to amazingly fun places with your favorite camp counselors. Look for the calendars in February for more details! This bonus week is dependant on you! If we do not have enough registrations by July 25, we will have to cancel. Don't wait...sign up early!

Recreation Badge required.

Sec. A: Grades 1 - 4 in the fall of 2019, Max of 40
Sec. B: Grades 5 - 9 in the fall of 2019, Max of 40
Fee: \$370

CIT's-Counselors in Training

The CIT program is designed for teenagers ages 14 & 15, as a work oriented experience. It gives participants the opportunity to learn and understand the demands and responsibilities of a counselors job. Applications may be found online @ www.weston.org, "camp forms" or picked up at the Recreation Dept. All positions are filled on a first-come, first-served basis. Full payment is due with application along with one written reference. Please indicate on the application which two weeks you are able to CIT. Contact Lauren Smith at 781-786-6261 or smith.l@westonmass.org, with any questions.

Ages 14 & 15 by July 1, 2019

Sec. A: Camp ABC, 8:15am-12:15pm at Country School

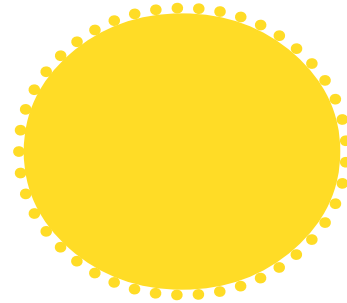
Fee Week 1: \$45/week

Fee Weeks 2, 3, 4, 5, or 6: \$80/week

Sec. B: Camp Adventure, 8:15am-4:15pm at Woodland School

Fee Week 1: \$55/week

Fee Weeks 2, 3, 4, 5, or 6: \$90/week



Teen Job Book

There are a lot of people in Weston who need help with babysitting, computers, yard work, and various other odd jobs. If you are 13 or older and like to work, this is a great opportunity to make some extra spending money. Just stop by the Weston Recreation Department Office in the Community Center and complete a Teen Job form for a job that you are interested in performing. We will keep your completed form in the Teen Job Book binder for those adults seeking help.



Summer Preschool & Youth

Archery

#10200

Instructor: On the Mark Archery, LLC

Do you want your child to be more focused, confident, and determined? Sign them up for recurve archery and learn this exciting Olympic sport that emphasizes the importance of goal setting, patience, and hard work to achieve results on and off the range! This relaxed environment is perfect for individuals who are looking for an “alternative sport” that allows them to advance at their own pace. Our engaging and passionate instructors will motivate students to help them reach their full potential. All equipment provided. Archers are eligible to represent their town in the annual On the Mark Archery June and August Tournament!

Limited to 16 participants

4, 1 hour sessions

Grades 4 - 9

Thursdays 6:30pm - 7:30pm

Sec. A: Jul 11- Aug 1

Sec. B: Aug 8 - Aug 29

Fee: \$130 w/badge, \$150 w/o badge

BEAMS Discover Academy

Baking, Engineering, Art, Math, & Science

#10202

Instructor: Diane Benson

Do you enjoy mixing things together, baking delicious foods, building structures, and more?!? Join Diane for four days and have a great time experiencing a little bit of everything! Most activities you experience you will be able to take home to share with your friends and family. Please send your child each day with a lunch, snack, and drinks.

Limited to 10 participants

4, 5 hour sessions

Entering Grades 1 - 4 in the fall

Sec A: Monday through Thursday

Jun 24 - 27

10:00am - 3:00pm

Fee: \$345 w/badge, \$365 w/o badge

Awesome Art Days

#10201

Instructor: Beth Meditz

Get unplugged and bring your creative mind to as many art sessions as you choose. Get involved in different art activities that are presented each day in 2.5 hour sessions! Artists will be guided with “project starters” and get to choose from a wide array of inspiring and unusual materials to develop their individual pieces. Abstract and Realistic works are created while each artist is encouraged to experiment with materials and to express themselves. Please bring a drink and a peanut-free snack to each session. Sign up for one day or as many as you want. Find out more about Beth Meditz, M.Ed at www.event-full.net.

Limited to 12 participants

1, 2.5 hour sessions

Grades K - 4

August 26 - 31

Sec. A: Mon, Aug 26, 10:00am - 12:30pm

Sec. B: Mon, Aug 26, 1:00pm - 3:30pm

Sec. C: Tue, Aug 27, 10:00am - 12:30pm

Sec. D: Tue, Aug 27, 1:00pm - 3:30pm

Sec. E: Wed, Aug 28, 1:00pm - 3:30pm

Sec. F: Thu, Aug 29, 1:00pm - 3:30pm

Sec. G: Fri, Aug 30, 10:00am - 12:30pm

Sec. H: Fri, Aug 30, 1:00pm - 3:30pm

Fee: \$45 per day w/badge, \$55 per day w/o badge

Drama Kids Playhouse Workshop

#10203

Instructor: Drama Kids of Metro West

Drama Kids Summer Playhouse - Come act up with Drama Kids this summer. Our summer drama kids use creativity and teamwork to deliver a great performance, created, directed, written, and performed by them. Explore all aspects of the theater in this fun workshop. Performance will be on Friday.

Limited to 20 participants

5, 3 hour sessions

Entering Grades K - 5 in the fall

Sec A: Monday through Friday, Aug 12 - 16

9:00am - 12:00pm

Fee: \$240 w/badge, \$260 w/o badge



Hip-Hop Dance Class

#10204

Instructor: Aly Pereira

Join in on the fun of learning the latest dance moves to the most popular music out right now! Students will learn various dances to popular songs. The class incorporates choreography and different forms of freestyle movement. New dances are taught every session. At the end of the week, the children will have a short performance of their hard work.

Limited to 20 participants

5, 3 hour sessions

Sec. A: Grades K - 8

Monday through Friday, Aug 19 - 23
1:00pm - 4:00pm

Fee: \$115 w/badge, \$135 w/o badge

Little Athletes

#10205

Instructor: Be Ahead of the Game, LLC

Children will have tons of fun all while learning new games and sports. These co-ed classes will introduce the children to multiple sports and games all while focusing on having fun, learning the basics and developing your child's confidence. The children will practice proper techniques through drills, small sided games and scrimmages. Creative movement exercises, parachute games, balls, hula hoops and music will all be used throughout the session. All games and drills will be age appropriate and are sure to improve skills. This is a great opportunity to have fun and learn, all while in a "no pressure" and non-competitive environment. Please send your child with comfortable clothes and sneakers.

Limited to 20 participants

4, 3 hour sessions at Woodland Mini Field

Ages 4 - 8 years

Mon, Tue, Wed, & Thu, 9:00am - 12:00pm

Sec. A: Jun 24 - 27

Sec. B: Aug 12 - 15

Sec. C: Aug 19 - 22

Fee: \$200 w/badge, \$220 w/o badge

Jumpin' Gym with Joni

#10206

Instructor: Joni Lebov

A fun class to interact with other children. Includes tumbling, taking a walk on a balance beam and playing with a parachute. Children will sing, count and most of all have lots of fun!

Limited to 10 couples

7, 45 minute sessions

Sec. A: Ages 18 months - 3 years w/adult

Tuesdays, 10:30am - 11:15am

Jul 9 - Aug 20

Fee: \$125 w/badge, \$145 w/o badge

Soccer Clinic

#10207

Instructors: Be Ahead of the Game, LLC

This co-ed clinic will introduce your child to the world's most popular sport while focusing on having fun, learning the basics of the game and developing your child's confidence. The children will practice proper techniques through drills, small sided games and scrimmages. All games and drills will be age appropriate and are sure to improve skills. In the afternoon we will take time to play some other recreational games and sports to let the children unwind, incorporate teamwork, and cooperation. These clinics will be a great opportunity to have fun, learn, and meet new friends while in a "no pressure" and non-competitive environment. Clinics will be conducted for children entering grades K - 6 in the fall at the Woodland Mini field. Each clinic will take place over four days, Monday through Thursday, with Fridays reserved as rain dates. The children will be broken up into age appropriate groups based on age, grade, and ability. Each child will receive a t-shirt and it is encouraged that each child brings their own ball to use at the clinic (extras will be provided for those who do not have one). Please send your child with a bag lunch, snack, and water for each day. Also, we will have use of the Memorial Pool after lunch so please pack a bathing suit, towel, and sunscreen. On Thursdays, Ahead of the Game, will provide pizza for lunch! If you have any questions, please contact Brian Kelly at brian@beaheadofthegame.com, or 617-571-9091.

4, 6 hour sessions at Woodland Mini field

Entering Grades K - 6 in the fall

9:00am - 3:00pm

Monday through Thursday (w/Friday as a rain date)

Sec. A: Jun 24 - 27

Sec. B: Aug 12 - 15

Sec. C: Aug 19 - 22

Fee: \$230 w/badge, \$250 w/o badge



Summer Preschool & Youth

Music Together

#10208

Instructor: Music Together Staff

Discover the joy of family making music! Music Together is about connecting with music with your child and with other families in your community. Playful and enriching, it's 45 minutes of fun! Benefits extend far beyond the classroom. Parents and caregivers regardless of musical ability, create a stimulating and rich environment that supports overall development. We provide you with the tools and resources you need (songbooks, guides, and a happy app for parents) to continue the music making at home. Fee includes weekly classes (including makeups for missed classes) and our materials.

Limited to 12 couples

7, 45 minutes sessions

Ages Birth - 5 years w/adult

Sec. A: Wednesdays, 9:15am - 10:00am, Jul 10 - Aug 21

Fee 1st Child: \$190 w/badge, \$210 w/o badge

Fee 2nd Child: \$105 w/badge, \$125 w/o badge

Twinkle Toes Ballet

#10210

Instructor: Joni Lebov

A fun introduction to ballet! Ballerinas will learn basic ballet positions, skipping, galloping, balancing, and more! Set to ballet music and French terminology. Wear any dance attire or dress up with a tutu or ballet skirt!

Limited to 10 participants

7, 45 minute sessions

Sec. A: Ages 2.5 - 4.5 years

Thursdays, 10:30am - 11:15am,

Jul 11 - Aug 22

Fee: \$125 w/badge, \$145 w/o badge

Summer Tots

#10209

Instructors: Carol Landry, Daria Tucker, & Cheryl Douglas

Your tots will participate in free play, which includes blocks, puzzles, play dough, pretend play, and much more! We'll provide daily art activities and explore with paint, crayons, glitter and bleeding art. Circle time includes books, calendar, stories, songs, creative movement, and sharing. The children's gross motor play takes place in the Great Room, dance studio, or outdoors in the shade. Activities include bikes, balls, dance, chalk, bubbles, and games. Your tots will surely enjoy this fun filled summer program. Parents will provide daily snack, lunch, and drinks. About the instructors: Carol Landry, Daria Tucker, and Cheryl Douglas have all worked at Weston Windows Integrated Preschool Program. While Carol continues her work at Weston Windows, Cheryl is a substitute teacher for Weston Pre-K & K, and Daria is a Special Education teacher in the Ashland Public School System. Together they have provided over 30 years of giggles and fun for children in a safe and nurturing environment.

Limited to 15 participants

3.75 hour sessions

Ages 2.5- 5 years by Jul 1, 2019

Monday - Thursday, 8:45am - 12:30pm

Sec. A: Jul 1-3, (Cancelled Jul 4) 11 sessions

Jul 8-11

Jul 15 - 18

Sec. B: Jul 22 - 25, 8 sessions

Jul 29 - Aug 1

Sec. C: Aug 5 - 8, 8 sessions

Aug 12 - 15

Fee Sec. A: \$425 w/badge, \$445 w/o badge

Fee Sec. B or C: \$310 w/badge, \$330 w/o badge

Yoga for Kids w/Judy

#10211

Instructor: Judy Henderson

Come explore yoga, meditation, and mindfulness activities through music, stories, and stretching. Judy is a graduate of Teachers College, Columbia University and a trained Kidding Around Yoga enthusiast. Stretch and relax and with us!

Limited to 12 participants

7, 1 hour sessions

Sec. A: Grades K - 2

Tuesdays, 3:30pm - 4:30pm

Jul 9 - Aug 20

Fee: \$170 w/badge, \$190 w/o badge

Aqua Jogging & Exercise

#10500

Instructor: Lily Gordon

Mix up your normal workout with aqua jogging. Focus on speed, stretch, and power intervals. This class is fun and full of energized activities to help you reach your fitness goals. All fitness levels are welcome to join. This class will take place in chest deep to deep water. Aqua jogging belts will be available for class participants to borrow. Offered at Memorial Pool.

Limited to 25 participants

1 hour sessions at Memorial Pool

Sec. A: Mondays, Wednesdays, & Fridays

3:30pm - 4:30pm

Jul 8 - Aug 16

Fee: \$240 w/badge, \$260 w/o badge

Adult Coached Swim Workout

#19501

Instructor: Margaret Randle

Interested in taking your swim training to the next level? If so, then there's no better way than to join this motivated group. We will focus on developing speed, endurance and technique for any swimmer who wants to challenge themselves as they improve and take their fitness to the next level. Stroke drills and non-traditional workouts emphasizing quality over quantity (of yards!) will help you reach your potential as a swimmer. You will also learn how to track your training, and better understand stress scores and body recovery timeframe. This is an awesome opportunity to have a great time while you test your limits in the water! Note: this workout is for swimmers who can swim continuous laps with their face in the water, are deep water safe, and have a basic understanding of all four competitive strokes.

Limited to 20 participants

11, 1 hour sessions at Memorial Pool

Ages 16+

Tuesdays & Thursdays

Sec. A: Jun 25 - Aug 1, 6:15pm - 7:15pm (Cancelled Jul 4)

Fee: \$160 w/badge, \$180 w/o badge

Adult Early Bird Lap Swim

Adults only! Come get your laps in before work or before your day begins. This is a trial program that will run for the month of July ONLY. Note: This is for lap swimming only - standing, walking, and floating will not be tolerated. Pool closes at 8:00am for maintenance, therefore, lap swimmers must leave the pool area at that time.

Tuesdays & Thursdays

6:30am - 8:00am

Jul 2 - Jul 30 (Cancelled Jul 4)

Fee: Regular pool admission *or* Recreation badge

Strengthen, Stretch & Cardio w/ Joni

#10502

Instructor: Joni Lebov

Joni has been a best seller at Weston Recreation for many years. She offers a low-impact, cardio dance workout including muscle conditioning, yoga, stretching, balance, and a core/abdominal segment, too. All equipment provided, adapting exercises to all levels. Come try our friendly group!

Limited to 20 participants

14, 1 hour sessions

Tuesdays and Thursdays, 9:15 am - 10:15am

Sec. A: Jul 9 - Aug 22

Fee: \$150 w/badge, \$170 w/o badge

Total-Fitness w/Kathy

#10503

Instructor: Kathy Langenberg

Beat the heat! Start your morning with this upbeat, fun fitness class. We focus on core and cardio conditioning, muscle strengthening, balance, and flexibility. Mats, weights, Pilates ring, and Dynabands supplied. All are welcome!

Limited to 20 participants

18 or 12, 1 hour sessions

Monday, Wednesdays & Fridays

9:00am - 10:00am

Jul 1 - Aug 9

Fee Sec. A: 3x wk \$180 w/badge, \$200 w/o badge

Fee Sec. B: 2x wk \$120 w/badge, \$140 w/o badge



Council on Aging Programs & Services

The Council on Aging (COA) is located at the Community Center one floor down from the Recreation Offices. We facilitate community engagement through a wide array of services, resources, and programs targeted to the interests of Weston residents, especially those 60 years and older. Our services include comprehensive information, referral, and social services, health and wellness programs, education and social offerings, transportation, and other opportunities for people to stay connected to the community. We are open Monday through Friday 9:00am - 4:00pm. Stop by and say “hi”!

Drop-in Exercise Classes for older adults: \$5 per class

Exercise for Every Body, Mondays, 9:00 - 10:00

Zumba, Mondays 10:05 - 11:05 & Thursdays, 10:30 - 11:30

Functional Fitness, Mondays, 11:15 - 12:15

Wednesdays, 11:00 - 12:00

Yoga, Monday, 1:00 - 2:00, Thursdays, 9:15 - 10:15

Gentle Yoga, Wednesdays, 9:30 - 10:30

Traditional T'ai Chi, Tuesdays, 9:30 - 10:30

T'ai Chi for Better Balance, Tuesdays, 11:00 - 12:00

Meditation (Free), Wednesday, 10:30 - 11:00

Stronger Seniors, Thursdays, 11:30 - 12:30

Line Dancing, Thursdays, 1:00 - 2:00

Fitness Fridays, Fridays, 12:00 - 1:00

Muscle Building & Balance, Wednesdays & Fridays, 1:00 - 2:00

Attention Adults!
Do you need help with yard work, odd jobs, computers or babysitting? This office has a Teen Job Book where Weston teens interested in performing various jobs have supplied their information. If you are looking for help, please come by the Recreation Department located in the Community Center, 20 Alphabet Lane and take a look through the Teen Job Book.

Curb-to-Curb Van Service Monday through Friday 9:30 - 3:00
Residents age 60 and older may travel on the COA van within Weston, Wellesley, Wayland, Waltham, and to Newton-Wellesley Hospital and the Riverside and Woodland MBTA stations. Meet a friend for lunch, get a ride to the COA for a class or appointment, go to any of the towns listed above for shopping, banking, hair appointments, medical appointments and more. Call the COA at 781-786-6280 to request your van ride at least 2 business days prior to your ride. If you need transportation in the local area beyond these destinations, contact us to see if we can get you there. Rides are free of charge.

Weston COA partners with UMASS Boston for Needs Assessment
We have partnered with UMASS Boston for Needs Assessment of Weston’s residents over 55. This study includes focus groups, interviews, demographic research, town by town department comparison and a community survey sent to all residents 55 and older. We look forward to hosting a presentation on the results of the study in spring 2019. Stay tuned for the date and time!

Homebound? Need a Book?
The Weston Public Library offers many resources which are available to you. They have a dedicated librarian who will deliver and pick up library materials - books, audio, DVDs every Wednesday to anyone who is homebound as well as to those in elder housing such as Sunrise, Campion Center, Maplewood of Weston, and Wingate. Call the Reference Desk at 781-786-6165 to place your requests and they will be delivered the following Wednesday. If you would like the library to make a selection for you, share your interests such as mysteries, thrillers, classics, etc., and they will do their best. If you don’t have a library card, call the Reference Desk to apply for one and it will be delivered to you.

Home Safety Checks with the Weston Fire Department
The Weston Fire Dept. (WFD) and Weston COA are sponsoring home safety checks, which include smoke & carbon monoxide alarms, cooking safety, smoking safety, heating safety, electrical safety, and escape plans. If you’re interested, call the COA. A Social Worker will ask you a series of questions and decide if a visit from the WFD is warranted. If so, she will contact the WFD and someone will contact you to schedule a visit.

Memorial Pool Hours

Saturday, June 8 - Sunday, Aug 4
11:00am - 7:30pm

Monday, June 12, pool opening at 2:30pm

Monday, Aug 5 - Sunday, Aug 18
11:00am - 6:30pm

If staff is available:

Monday, Aug 19 - Sunday, Aug 25
12:00pm - 6:30pm

Memorial Pool is located on Alphabet Lane between the Country and Woodland Schools. The pool is open to Weston residents, their guests, non-resident badge holders and their guests. *All guests must be accompanied by a badge holder.

Fees:

Recreation Badge holders - FREE

Weston residents daily fee: \$5, 2 & under FREE

Guests*: \$10, 2 & under FREE

Pool Guest Cards are designed to ease check-in when badge holders are bringing guests to the pool. Guest cards are worth \$30 or \$60 of pool credit and may be purchased only at the Recreation Office for the discounted rate of \$25 and \$50 respectively. Guest fees are deducted from the prepaid Guest Card upon admission to the pool, eliminating the need for an exchange of money. You must be a current badge holder to purchase guest cards, and all guest cards expire at the end of the 2019 pool season. They may not be carried over to next year.

Concession Debit Cards may be presented at the snack bar and purchases will be deducted from your card. Cards may only be purchased at the Recreation Office. \$5 and \$10 cards are available, and expire at the end of the 2018 pool season. Concession Cards may not be carried over to next year.

Legacy Pool Membership Badge:

Have your children moved out of Weston but still live in the area and would like to use Memorial Pool? The Recreation Department is making a limited number of passes available to non-resident families whose parents still live in Weston. Parents must be current residents and be listed on the current Town Census. The out of town families or individual will be able to purchase the memberships at \$500 and \$200 respectively. These passes may only be purchased at the Recreation Office.

Renewal Badges* :

If you currently have a badge with your photo on it, and you have submitted a 2019 badge application with payment, your badge will be renewed in our computer system and nothing further is required of you. The badges are kept from year to year and do not require a new photo each year. Your badge must have your photo on it for admittance to Memorial Pool. If it's been a few years and your child's photo is outdated, please come into the Recreation Office and we'll take a new photo of your child and issue a new badge at that time. ***To be eligible for a Weston Recreation Badge, you must be a Weston resident and additionally, your name must appear on the current Weston Town Census.**

New Badges:

***To be eligible for a Weston Recreation Badge, you must be a Weston resident and additionally, your name must appear on the current Weston Town Census.** If you have met this requirement, then you may complete a badge application (available in the Recreation Office or online @ www.weston.org) come to the Recreation Office and have your application processed and picture taken to be printed on your badge. Each member of the family listed on the badge application must appear to have their picture taken. Your badge will be issued immediately after your application is processed (while you wait). **Your photo badge is required for each admittance to Memorial Pool.** *You may go to the Clerk's Office at Town Hall to complete the necessary forms to be included in the Town Census. Weston Town Hall, 11 Town House Road, 781-786-5010.

Additional Office Hours:

The Recreation Department Office will be open additional hours to accommodate as many people as possible in having their pictures taken for their Memorial Pool Badges.

Saturday, June 8, 11:00am - 4:00pm

Wednesday, June 19, 8:30am - 7:30pm

Saturday, June 22, 11:00am - 4:00pm

Wednesday June 26, 8:30am - 7:30pm

Grandparent Memorial Pool Discount Card:

This is a special card for senior residents* that entitles you to receive a discounted rate for your non-resident, grandchildren's admittance to Memorial Pool. Present the card at the pool, and you'll receive the discounted rate at that time. Come by the Recreation Office and pick up your Grandparent Card at no charge to you. *Recreation badge purchase required.



Weston Recreation Badge Application 2019
 20 Alphabet Lane, Weston MA 02493, 781-786-6260 www.weston.org

Who is eligible for a Recreation Badge?

1. **Weston residents whose names appear on the Town Census.**
2. Individuals who are 60 years of age or older are eligible for the Senior Citizens Badge.
3. Au pairs, nannies, and babysitters **may not** be included in a Family. They may apply for an individual badge.
4. A Family Badge includes parents and unmarried children under 25, who live in the same household and whose names appear on the Weston Town census.

<p>All-Inclusive Badge Valid May 1, 2019 - May 1, 2020 Valid for Memorial Pool, Open Gym/ Swim at the Middle School Indoor Pool, discounts on most Recreation Programs</p> <p><input type="checkbox"/> Family Badge \$315 <input type="checkbox"/> Individual Badge \$140 <input type="checkbox"/> Senior Citizen Badge \$ 30</p>	<p>Memorial Pool Badge Admission to Memorial Pool Summer 2019 Only</p> <p><input type="checkbox"/> Family Badge \$250 <input type="checkbox"/> Individual Badge \$105</p>	<p>Summer Camp Badge 2019 Meets camp badge requirement. Does not include admission to pool outside of camp hours</p> <p><input type="checkbox"/> Individual Camper \$90</p>
--	--	--

Please PRINT clearly:

Renewal New

Adult Information:

1. Last Name _____ First name _____

2. Last name: _____ First name: _____

Street Address: _____

Home Phone: _____ - _____ - _____ Email Address: _____

Children's Information - Must be under 25 and unmarried, residing with the parent(s) in Weston.

1. Name: _____ M F DOB _____

2. Name: _____ M F DOB _____

3. Name: _____ M F DOB _____

4. Name: _____ M F DOB _____

5. Name: _____ M F DOB _____

I hereby certify that all the information I provided is accurate and further certify that I am eligible as a Weston resident to receive the badge(s) requested. Furnishing inaccurate information may be cause for revocation of the badge(s) and privileges associated with it.

Applicant Signature: _____ **Date** _____

<p>Office Use Only: Cash _____ Check # _____ Amt: _____ Credit Card _____ Exp _____ Amt: _____ Date Charged: _____</p>
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All Memorial Pool Swim lesson instruction will take place Monday - Thursdays. On Friday the class will still meet as either an optional fun day or as a make up day if any of the lessons have been cancelled due to inclement weather during the week. Please note that a Friday make up lesson is only given if the Weston Recreation Department cancels the class due to inclement weather. NOTE: If your child is American Red Cross Swimming Level 5 or 6, a swim lesson can be arranged for them. Please speak to Head WSI, Lily Gordon at the Swim Lesson Table/Tent.

Swim Level I

Introduction to Water Skills

This course is designed for the non-swimmer who is getting used to the water. We will introduce bubble blowing, kicking with support, basic arm movements and floating with support. Emphasis will be on having fun while learning the basics.

Swim Level II

Fundamental Aquatic Skills

We will be focusing on beginner level skills. Children will be working on front and back floats, blowing bubbles, kicking and the introduction of the front crawl. The objective of the class is to give students success with swimming. Students must be able to put their face in the water for a three second count.

Swim Level III

Stroke Development

In this level students will be introduced to the deep water and build on their fundamental swimming skills through guided practice. Students will focus on jumping into deep water, diving from a kneel position, and treading water. Students will also continue to coordinate front and back crawl stroke as well as be introduced to the butterfly kick.

Swim Level IV

Stroke Improvement

In this class students will focus on developing confidence and improving their swimming skills. Students will learn to dive from a standing or stride position and continue to increase their endurance with the front and back crawl. Students will also learn how to perform the following strokes: breaststroke, butterfly, and elementary backstroke.

Session I: Jun 24 - Jul 5

(Cancelled Jul 4)

#10701

7, 30 minute sessions w/ 1 optional day
Mondays - Thursdays at Memorial Pool
Fridays-optional day or make up lesson
Ages 3 and up

Sec. A: Levels 1 & 2, 2:30pm-3:00pm

Sec. B: Levels 3 & 4, 3:15pm-3:45pm

Sec. C: Levels 1 & 2, 4:00pm-4:30pm

Sec. D: Levels 3 & 4, 4:45pm-5:15pm

Fee: \$110 w/badge, \$130 w/o badge

Session II: Jul 8 - Jul 19

#10702

8, 30 minute sessions w/ 1 optional days
Mondays-Thursdays at Memorial Pool
Fridays - optional day or make up lesson
Ages 3 and up

Sec. A: Levels 1 & 2, 2:30pm-3:00pm

Sec. B: Levels 3 & 4, 3:15pm-3:45pm

Sec. C: Levels 1 & 2, 4:00pm-4:30pm

Sec. D: Levels 3 & 4, 4:45pm-5:15pm

Fee: \$120 w/badge, \$140 w/o badge

Session III: Jul 22- Aug 2

#10703

8, 30 minute sessions w/ 1 optional days
Mondays-Thursday at Memorial Pool
Fridays - optional day or make up lesson
Ages 3 and up

Sec. A: Levels 1 & 2, 2:30pm-3:00pm

Sec. B: Levels 1 & 3, 3:15pm-3:45pm

Sec. C: Levels 1 & 3, 4:00pm-4:30pm

Sec. D: Levels 2 & 4, 4:45pm-5:15pm

Fee: \$120 w/badge, \$140 w/o badge

Swim lessons
continued on next
page





American Red Cross Learn to Swim Lessons & Aquatics

Session IV: Aug 5 - Aug 16

#10704

8, 30 minute sessions w/1 optional day
Mondays-Thursdays at Memorial Pool
Fridays -optional day or make up lesson

Sec. A: Levels 1 & 2, 2:30pm-3:00pm

Sec. B: Levels 3 & 4, 3:15pm-3:45pm

Sec. C: Levels 1 & 2, 4:00pm-4:30pm

Sec. D: Levels 3 & 4, 4:45pm-5:15pm

Fee: \$120 w/badge, \$140 w/o badge

Youth Private Swim Lessons

The Weston Recreation Department is offering private and semi-private swim lessons for all ages and abilities at the Memorial Pool. These lessons can serve a variety of individual swimming needs. All instructors are American Red Cross Certified. **Please sign up for private and semi-private swim lessons at the concession stand at the Memorial Pool.** *Semi-private lessons limited to 3 participants per lesson.

Private Lesson Fees:

\$30 w/badge per 30 minute lesson

\$40 w/o badge per 30 minute lesson

Semi-Private Lesson* Fees:

\$45 w/badge per 30 minute lesson

\$55 w/o badge per 30 minute lesson

Catfish Summer Swim Team

#10705

Instructor: TBA

This swim team is designed to give middle and young swimmers exposure to the sport of swimming. The Catfish team also strives to develop proper stroke technique and emphasizes having fun! This team is not swimming lessons. Swimmers must be able to swim at least 25 yards (1 length of the pool) using crawl stroke. Fun competitive meets are planned against other summer swim teams. This program meets indoors at the Middle School Pool and meets rain or shine.

Mondays-Thursdays, Jun 17 - Jul 25 (Cancelled Jul 4)
at the Middle School Pool

Sec. A: Ages 5 & 6 4:15pm -4:45pm

Sec. B: Ages 7 - 10 5:00pm -6:00pm

Sec. C: Ages 11 - 13 6:00pm -7:15pm

Fee Sec. A: \$130 w/badge, \$150 w/o badge

Fee Sec. B: \$170 w/badge, \$190 w/o badge

Fee Sec. C: \$180 w/badge, \$200 w/o badge

Summer Swim Training Program

#10706

Instructor: Mike Foley & Claude Valle

This program is a summer swim training program that is designed for the serious competitive high school and college swimmer. The program is run by two high school state champion coaches, Mike Foley and Claude Valle, who are two of the top rated high school swim coaches in the nation. The program will focus on summer conditioning, but also include stroke technique work, starts, and turns. ***Please note:** start date may change depending on snow make-up days at the end of the school year.

Limited to 60 participants

2 hour sessions at the Middle School Pool

Sec. A: Grades 8 - College

Mondays - Fridays, 6:30am-8:30am, Jun 24* - Aug 2
(Cancelled Jul 4)

Fee: \$450 w/badge, \$470 w/o badge



FREE with regular pool admittance fee!

One BIG Pool Party

Saturday, June 15th 1:00pm - 4:00pm

Join us for poolside music and an afternoon of fun and games to celebrate the start of summer! DJ Mike will be on hand to provide the music and run games such as limbo and sack races! The pool staff will be running water games and offering float rides! Lots of fun for the entire family!

Family Fun in the Sun

Saturday, June 22nd 1:00pm - 2:30pm

Join our pool staff for some family fun in the sun! Sand castle building contest, hula hoop contest, rubber ducky races, and much more!

Family Olympics

Sunday, June 30th 2:00pm - 3:30pm

Who is Weston's Gold Medal Family? Join us for some wacky games both in and out of the water to help us determine the winner. Please pre-register your family and/or team at the WSI table the week before.

Annual Fourth of July Family Fun Day!

Thursday, July 4th 12:30 pm – 4:30pm

Be sure to stop by the pool to celebrate the USA and check out the all-day patriotic events, games, and attractions. DJ Mike will be on hand to play poolside music and lead games such as limbo, freeze dance, and more. Our aquatic staff will be on hand to lead water games and raft rides!!

Lifeguard for a Day

Sunday, July 7th 2:00pm-3:30pm

Ages 8 - 14

Think you've got what it takes to be a lifeguard? Want to train with the Memorial Pool Staff? Join the Memorial Pool Lifeguards and learn about rescues, lifeguard equipment, first aid, lifeguard fitness, and patron surveillance. Try out some simulated rescues! NOTE: Some portions of Lifeguard for a Day will take place in the deep water where only children who have passed their deep end test can participate, but don't worry if you are not there yet, we will stage a few shallow water rescues as well.

Weston's Got Talent!

Saturday, July 13, 1:00pm–3:30pm

Are you Weston's BIGGEST talent? Join us poolside for a talent contest and your chance to shine and show us what you've got! DJ Mike will be on hand as Master of Ceremonies and will be playing music and games between acts. All types of talent and ages are welcome to participate. Please look for a sign-up sheet at the WSI table the week before to be sure that you get a time slot!

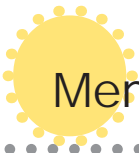
Food Truck, Badminton & Corn Hole

Saturday, July 20, 12:00pm – 3:00 pm

Come have lunch at the Memorial Pool and have some fun with poolside badminton and corn hole!

MORE fun events on next page





Memorial Pool Special Events

Swimming Safari

Sunday, July 28, 1:00pm – 3:30pm

Time to go on safari pool style! Join DJ Mike and our pool staff as they take you on a Swimming Safari Adventure! Enjoy some poolside music and games, inflatables, and tons of safari fun for the entire family!

Rootbeer Floats & Floats w/ Cowbell Band

Sunday, August 4, 2:00pm – 3:30 pm

Come dance and sing with Weston’s own Cowbell Band and enjoy some root beer floats poolside and float rides in the water provided by our aquatic staff.

Annual Pirate & Princess Pool Adventure Day

Saturday, August 10, 1:30pm – 3:00 pm

Get ready to set sail with the Memorial Pool Pirate Adventure! Calling all Pirates and Princesses for a day of high sea adventures! Get excited for the ultimate treasure hunt! Dive for a treasure or make a tiara! Better watch out or you may have to “walk the plank” (the diving board). Our pool staff will be on hand to provide a lot of aquatic games and make sure that you have a swashbuckling good time!

Summer Splash-Bash

Saturday, August 17, 1:00pm – 4:00 pm

A summer favorite as we say farewell to summer! DJ Mike will be on hand for poolside music and games, inflatables, and pool staff games both in and out of the water. Tons of fun for the entire family!

Towels for Buddy Dog

This summer the Weston Recreation Department Memorial Pool will be teaming up with Buddy Dog! Buddy Dog is a 501(c) 3 Humane Society, Animal Shelter, and Adoption Center located in Sudbury, Mass. Every few weeks our staff will collect the lost and found towels from the Memorial Pool and donate them to Buddy Dog.



Weston Recreation has the BEST instructors. It's time to meet two of them!



Kathy Langenberg

Kathy has been an adult fitness instructor with Weston Recreation for over 35 years! She has an incredibly loyal following with some participants who have been with her since the first class! With her upbeat attitude and routines she makes it fun to be fit! Kathy, had a career as a registered nurse and resides in Weston with her husband Doug. She has two grown children and recently became a grandmother which brings her lots of joy. She is also an accomplished photographer. Visit her website at www.katharinelangenber.com.



Jim Della Selva

Weston Rec. is so fortunate to have such an accomplished youth chess instructor as Jim Della Selva. Jim is a former two-time Rhode Island State Champion, is USCF expert rated, and was elected the youngest president of the oldest chess club in the country at age 18! He collects unique chess sets that he uses in his classes such as Red Sox & Yankees, Harry Potter, and many others. Jim has been instructing and instilling his love of the game in the youth of Weston for more than 35 years! In his spare time Jim's enjoys listening to classical music and playing chess with friends.



Weston Recreation Department
20 Alphabet Lane
Weston MA 02493-0002

POSTAL PATRON
WESTON MA 02493

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The 2019 Weston Summer Concert Series at the Weston Town Green

Sponsored by:



The Weston Summer Concert Series, also known as the “Concerts on the Green”, take place every Wednesday, 7:00pm - 8:30pm, June 12 through July 17 on the Town Green. Come out and enjoy a free show with the whole family.

June 12 - Weston Ice Cream Social featuring Sixties Invasion

Sixties Invasion will bring you back to the age of Woodstock with tributes to Elvis Presley, Bob Dylan, and Roy Orbison among others. *Free Ice Cream will be served from 6:30pm-7:30pm.

June 19 - The Ivory Rockers

The Ivory Rockers will bring humor and great musicianship to the Weston Town Green. With their dueling pianos, the Ivory Rockers will provide a fun rock-n-roll sing along show.

June 26 - The Squeezebox Stompers

Performing Cajun, Zydeco, Blues and Americana music, the Squeezebox Stompers will bring their southern flair to Weston.

July 3 - Rico Barr & the Jumpin' Jive Review

Take a trip back to the 1940's and 50's with the Rico Barr and the Jumpin' Jive Review, featuring a Frank Sinatra and friends tribute.

July 10 - The Playn Janes

Weston's own Playn Janes will play pop standards and classic rock songs that everyone knows, including covers of Fleetwood Mac, Bryan Adams, The Cars, The Rolling Stones, and others.

July 17 - Wolverine Jazz Band

The Wolverine Jazz Band will conclude this year's concert series with a mix of tunes made famous by Louis Armstrong, Jelly Roll Morton, George Gershwin, and Duke Ellington, along with some forgotten Dixieland gems from the Jazz era.

For any updates, please visit www.weston.org/recreation or call 781-786-6260.

Annual Egg Hunt

Hippity-hop to the Town Green and don't forget to bring your basket or bag for carrying eggs! There will be separate sections for different age groups and of course, there will be a special visit from the Spring Bunny. In case of inclement weather, meet the Bunny in front of Town Hall. No registration or fee required.

Saturday, April 20, 9am Sharp! on the Town Green

Sponsored by:

