

WESTON BOARD OF HEALTH
Meeting Minutes for
Wednesday, March 15, 2023
11:31 AM – 12:34 PM
Zoom Meeting

Present: Laura Azzam – Chair
Dr. Jennifer Kickham – Member
Michele Fronk Schuckel MBA, BSN, RN – COVID-19 Response Manager, BOH Public Health Nurse
Kelly Pawluczzonek, RS, MS - Public Health Director
Beth Ann Boles, RS – Health Agent
Michelle Hubbard – Administrative Assistant, Meeting Minutes

I. Residents' Concerns

Meeting called to order at 11:31 AM. No resident concerns unrelated to agenda items.

II. Approval of Minutes

Dr. Jennifer Kickham made a motion to approve the Select Board minutes from January 10 and the Board of Health minutes from January 18, 2023. Laura Azzam seconds. All in favor, the motion is carried.

III. Nomination of Animal Inspectors – Karen O'Reilly

Dr. Jennifer Kickham made a motion to approve Karen O'Reilly as the Town of Weston Animal Inspector. Laura Azzam seconds the motion. All in favor, the motion is carried.

IV. Discussion and vote - Weston Board of Health Local Regulation Chapter VI Sewerage Disposal Systems 1.3 Time to Construct Sewerage Disposal Systems. In October BOH voted to have no New Construction January through February

At the October 2022 meeting, the Board voted to have no new construction January through February.

Dr. Jennifer Kickham made a motion to open construction for sewerage disposal systems. Laura Azzam seconds. All in favor, the motion is carried.

V. 452 Glen Road- Septic Variance:

- Requesting a Variance from the Weston Board of Health Local Regulation Chapter VI Sewerage Disposal Systems 2.5 Distance Requirements – No part of the structural components of a leaching facility shall be located within 100-feet of a wetland as

defined in M.G.L. Chapter 131 section 40. Request to allow the soil absorption system and system components to be within 100 ft of the wetland.

The engineer spoke about the system at 452 Glen Road. Due to site constraints and existing ledge outcrop, the septic system is proposed within the 100' buffer of the existing wetland south of the lot. A waiver is requested to allow for the construction of the septic system to service the proposed single-family development.

Kelly needs two hard copies of the engineered plan.

Dr. Jennifer Kickham made a motion to approve the variance. Laura Azzam seconds. All in favor, the motion is carried.

VI. Director's Monthly Review/Update

We have talked about Hidden in Plain Sight which is a program on curriculum night at school and it does seem like there is forward movement on that. We have talked to the police department, school resource officer, and the public health director, so this will move forward with some meetings.

Kelly is still looking at prices for Impact Melanoma because it is no longer on the table for a regional project. She is looking into reaching out to Newton Wellesley Hospital or Emerson to see if they would like to participate with funding.

Another program Kelly had interest in that the nurses presented was the Yellow Tulip Program. This is a mental health related program about stopping the stigma and offering hope. Kelly reached out to the garden club in Weston and reached out to the school department to start the conversation with the possibility of planting yellow tulip gardens to offer hope as far as mental help.

Kelly, Laura, and Jen spoke about the possible candidates for the open vacancy position on the Board and what needs to be done to get their name on the ballot for election day. There is currently no one who has reached out to the office inquiring about the position.

Back in 2013, there was a fee for revised plans for septic, but in 2019 those fees were removed. In 2013, if there was a revision design requested by Board of Health, that was a \$100 fee, and redesigned revisions were \$200. Kelly is looking to put the revised plan fee back into place with the same prices.

Dr. Jennifer Kickham made a motion to reinstate the \$100 for a revision requested by the Board of Health and the \$200 fee for a redesigned revision, with the first revision being free. Laura Azzam seconds. All in favor, the motion is carried.

VII. Public Health Nurse Update- Michele Fronk Schuckel, MBA, BSN, RN

Michele mentioned that the Yellow Tulip Program is part of the mental health piece which is part of contact tracing grant. It has been proposed that the grant shift more towards mental health instead of Covid-19. A project proposal for this was put forward to the health directors and it was approved going forward. This would include education awareness, monthly campaigns with a different focus, and trying to tie things together with the prevention side of things.

Michele spoke about the opioid relief money. All the towns are in different places when it comes to their funds. There are "7 buckets" of where they would like to see the funds placed, one of those being prevention such as mental health first aid training. Different grants are working together to create a cohesive service for the community. There will be more coming down the line, but it is a slow process because there are so many layers to it. Michele will forward a summary with information regarding the 7 buckets to the Board members. Michele stated that some towns are putting money from the municipal budgets towards their opioid work and a discussion was had about different towns and what they are doing regarding opioid relief.

Michele spoke about the Health Resources in Action Equity training. Kelly had attended the training last week and a discussion was had about the training and what was discussed. This same group is sponsoring a series of training workshops that Michele is trying to coordinate for Wayland and Weston around opioid overdose rescue training and harm reduction and safety planning.

This week is our three-year anniversary of being in the pandemic and Michele spoke about her Maven call and the slideshow they provided recapping the last three years. The numbers in Massachusetts are falling for COVID-19, flu, and RSV. There was one case in the preschool of HMPV, which is a pneumonia-like virus of RSV. Cases of HMPV are rising across the United States. Michele sent out information to the preschools and schools so that people can be aware and on the lookout. Treatment is supportive, as it is for RSV, but it something providers may or may not be testing for.

VIII. Next Meeting Date

April 12, 2023 at 11:30 AM via Zoom.

IX. Adjourn

Dr. Jennifer Kickham made a motion to adjourn the meeting. Laura Azzam seconds and adjourned the meeting at 12:34 PM.