

WESTON BOARD OF HEALTH
Meeting Minutes for
Wednesday, February 8, 2023
11:32 AM – 12:24 PM
Zoom Meeting

Present: Laura Azzam – Chair
Dr. Jennifer Kickham – Member
Paul Martin – Member
Michele Fronk Schuckel MBA, BSN, RN – COVID-19 Response Manager, BOH Public Health Nurse
Kelly Pawluczzonek, RS, MS - Public Health Director
Beth Ann Boles, RS – Health Agent
Michelle Hubbard – Administrative Assistant, Meeting Minutes
Emily Amico, RN, MSN - Regional Public Health Nurse
Laura Duff, RN, BSN - Regional Public Health Nurse of the Great Meadows PH Collaborative

I. Residents' Concerns

Meeting called to order at 11:32 AM.

Land's Sake Farm has submitted their annual request to waive their porta potty fee. Kelly and Beth have no issue with this, as the organization is nonprofit, community-based, supporting food donations and the environment. The three locations are the Sugar House near the Middle School, the farm stand, and community gardens on Merriam Street.

Dr. Jennifer Kickham made a motion to approve the waiver. Paul Martin seconds. All in favor, the motion is carried.

II. Approval of Minutes

No minutes to approve at this time.

III. Impact Melanoma Program Update- Emily Amico, RN, MSN, Regional Public Health Nurse, and Laura Duff, RN, BSN, Regional Public Health Nurse of the Great Meadows PH Collaborative

Emily Amico spoke about Impact Melanoma. Impact Melanoma partners with communities and have been partnering with public health collaboratives to provide a high impact, actively engaging platform with a strong association between brand awareness and social responsibility. We are looking to provide sunscreen dispensers within our seven communities. Impact Melanoma provides tabling materials with things such as sunscreen giveaways, bracelets that monitor UV exposure, as well as

informational pamphlets. They provide camp kits to Parks and Recreation for summer kids camps. Part of the program also includes educating outdoor employees such as Parks and Recreation, DPW, landscaping companies, etc. They also offer training to hair, nail, and tattoo professionals to be another first line of detection by education and certifying them to spot suspicious skin lesions.

A discussion was had about the dispensers, including how many we can get and who would be responsible for refilling them. Emily stated it would be a two-year program and Great Meadows would be expected to refill the dispensers. We would go out to the sites and inspect the dispensers throughout the season. Impact Melanoma would take care of the set up and take down and the beginning and end of the season. The season for the dispensers would be May-October. Multiple events were talked about where these dispensers could be used in Weston.

IV. Director's Monthly Review/Update - Conversation on Opioid monies- DEA campaign- In Plain Sight Campaign- Social Media and working with all appropriate parties- (Pawluczonek, Schuckel, Amico, and Duff)

Kelly is still working on the rDNA labs and going through the NIH guidelines. In a separate issue related to a mental health tragedy, Kelly reached out to the Duxbury Police Department to offer our support from the Weston Board of Health and WERC group.

Laura Duff spoke about Hidden in Plain Sight. This is a display for adults over the age of 21 that showcases potential items in a teen's bedroom that might signal risky behaviors or substance abuse. It is designed to enable positive conversation between parents and teenagers. Extra care is taken to ensure that it is not seen as a scare tactic but instead as an educational tool and conversation starter. Many communities in the area have hosted a display, often a collaboration between a substance abuse coalition, police department, health department, and/or school department.

For Great Meadows, they would like to set something up at a middle school or high school curriculum nights. It would be a bedroom display accompanied by educational posters and resource handouts. There would be a guided walkthrough of educational and informational material along with the bedroom display. It would focus on awareness and conversation starters for parents and they could visit the display during free period or on their way into or out of the building. It would be staffed by grant staff and interested collaborators.

Kelly and Michele are working on the program in Weston and have reached out to the Police Chief, a police officer, school resource officer, and the school psychologist. We would like to tailor it more to Weston needs and add social media impact, because kids are buying drugs through social media. Dr. Jennifer Kickham asked about the availability of Narcan in the community. Michele looked into the possibility of putting Narcan in

with the AED's, but Narcan has to be prescribed to a specific person or passed on to people at the school health level such as the school nurse. Emily Amico stated the MetroWest MRC has been looking into collaborating with the Natick 180, which is their substance abuse coalition, to do a Narcan training.

V. Public Health Nurse Update- Michele Fronk Schuckel, MBA, BSN, RN

Today is our third of four clinics, with nineteen people registered. Michele continues to get outreach from Wayland and Weston families as well as surrounding towns with questions about the registration process. The vaccine/immunization survey is due at the end of the week to keep us on track for offering vaccines through the state program. Michele is working in Color sorting files and data from previous clinics. Color allows us the opportunity to capture who has come to the clinics where we have done the administration and Michele would like to use that to connect with people for the next time.

Michele was on a webinar this morning sponsored by MAPC focusing on substance use in Massachusetts and what we can do. The problem is huge and hidden in a lot of ways in our community. We are just starting to get a peek in and trying to figure out what to do next and how to help people. That starts with understanding what the need is, and because it is not talked about very much, we don't really know who needs our help.

There was one inpatient individual identified in Maven who is 92 years old as having Bordetella Parapertussis. This is essentially an upper respiratory infection that is only dangerous to individuals under 6 months of age. This is not a communicable disease we are required to follow up on, but it was more so a heads up from the state. There is currently no treatment.

VI. Next Meeting Date

March 15, 2023 at 11:30 AM via Zoom.

VII. Adjourn

Paul Martin made a motion to adjourn the meeting. Dr. Jennifer Kickham seconds and Laura Azzam adjourned the meeting at 12:24 PM.